

*"Keeping
the Community
informed"*

FREE ISSUE

WANGFORD UGGESHALL SOTHERTON

Messenger

PARISH MAGAZINE

EDITOR: SUE TAYLOR

VOLUME 15 NO. 7 APRIL 2020

**Stay home, stay safe, and don't be afraid
to ask for help if you need it.**

Wangford Help

Are you in Wangford or Henham, and isolating,
unwell or anxious?

We are a group of local volunteers who are available to
help you manage during this difficult time.

Email: wangfordhelp@gmail.com

Telephone: 07941 156508 or 01502 578408

We can:

Collect prescriptions/medicines

Shop Run errands Walk the dog

Phone to see how you are

Phone, email or text us. Tell us who you are, your
contact details, and how we can help.

Uggeshall Coronavirus Community Support

So that everyone knows that someone will look out for
them, we have formed a support group of volunteers. Our
aim is to telephone isolated people regularly and to make
sure they have adequate food, medication and support and
stay as safe as possible. We will collect supplies from
Wangford Village Store, Wangford Farm Shop and the local
surgeries, for the duration of the pandemic.

If you would like support during the next few weeks, or
would just like to discuss your worries please telephone

Sarah Butt on 01502 578519 or 07979 770383

If you are aware of someone who might need support during
this period of isolation, please put them in touch with us.

Health Advice

Coronavirus

If you have a high temperature or a new cough, stay
at home completely (self-isolate) for 7 days, or until your
symptoms have gone.

If you have serious symptoms that you cannot manage
at home, in the first instance visit www.111.nhs.uk for
guidance. If you cannot go online, call 111.

Do NOT visit your surgery.

**What to do if a condition you are already being
treated for gets worse**

Ring your surgery. They will tell you if you need to go in.
Wangford Surgery 578257 Sole Bay Health Centre 722326



*From Revd Alan to cheer us all up. Soleby and little
Woody, the latest addition to the vicarage family.*

Wangford Village Store

We have new restrictions in place to ensure the safety of all our customers and staff:

* Only 6 customers are allowed in the shop at any one time

* Please shop quickly, with minimum conversation with staff and other customers

* Please keep your distance from others, and observe the 2m rule and floor grid.

We kindly ask our customers to only shop for the absolute essentials.

This is going to be a very unusual time for us all, but please know we will be doing our absolute best during these difficult times. Stay safe.

The Village Store Team.

Wangford 100 Club 2020

Winners in the March Draw were

1. Bernard Meldrum
2. P. O'Brien
3. Eric Stockdale

Jean Burns RIP

With great sadness we report Jean's death on Wednesday 18th March after a long battle with the incurable lung disease Pulmonary Fibrosis.

Her funeral service took place on Thursday 26th March at Waveney Memorial Park and Crematorium.

A Memorial Service will follow in Wangford Church when it is safe for us all to gather.

News from Wangford Vets

To all our clients,

As a practice that cares about our clients and staff as well as our patients, we need to ensure that we are taking every possible precaution during this turbulent time. With the ever increasing risk of COVID-19 we have had to make some changes to our Practice and the services we are able to offer for the time being.

We will be running with limited staff in on each day, consisting of just one receptionist, one nurse and one vet, to help reduce exposure between members and ensure there are always people available to assist you with your pets.

Our new opening hours will be as follows:

Monday - 08:30 - 16:30

Tuesday - 08:30 - 16:30

Wednesday - 08:30 - 16:30

Thursday - 08:30 - 16:30

Friday - 08:30 - 16:30

Saturday - OUT OF HOURS ONLY

Sunday - OUT OF HOURS ONLY

For repeat medications, please email enquiries@wangfordvetclinic.com and we will deal with your request as promptly as possible. Please call us 48 hours later to pay over the phone and arrange collection, which is available Mon-Fri 12:00 - 15:00.

We are unable to take any new clients at this time, and there will be no routine appointments taken at the moment. We will only be able to see urgent or emergency appointments, and home visits are now for emergencies only.

We thank you for your understanding, and wish all of you and your families the best through these challenging times. We will continue to deliver the best care for your animals throughout this period.

Wishing you and your family good health.

Walter and the Team

Churches

All churches are closed completely in an effort to limit the transmission of coronavirus.

If you need pastoral help, the local clergy can be contacted as follows:

C of E

Revd Simon Pitcher ☎725424 ✉revsimon63@gmail.com
Revd Alan Perry ☎453624 ✉adperry64@gmail.com

Methodist

Revd Christine Kennell ☎573048 ✉red.angel@zen.co.uk

URC

Revd Charles Croll ☎01728 684052

✉minister@southwoldurc.co.uk

Roman Catholic

Fr Richard Ireson ☎723207 ✉richard1ireson@gmail.com

First Thursday Knitting Group

If there is one good thing happening this month it is that there will be plenty of time for knitting! Keep the needles clicking, ladies, and we'll meet again when it's safe to do so.

Valerie Beckett 578987

Wangford Farm Shop

We are offering home deliveries to people who are over 70 or people who are classed as vulnerable.

We will deliver Monday, Wednesday and Friday to the Southwold, Reydon, Wangford and Uggeshall areas. Sorry we are unable to go further afield at this present time.

If you would like a delivery please ring your order through by 3pm; we will do our best to deliver on our next delivery day. Please pay by card over the phone or by bacs. There will be a £2 delivery charge for this service; alternatively a neighbour, friend or volunteer can collect for free.

Contact details:

01502 578 246 or email rj.miller@btinternet.com

If no one answers please leave your name and telephone number on our answer machine and we will get back to you ASAP.

N.B. From Monday 30th of March new opening hours are:

Monday - Friday 9am-1pm

Saturday 9am-5pm

Sunday CLOSED

This is just a temporary measure due to the Coronavirus.

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In 2018 Saint Barnabas opened a family-based Day Centre for older, frail people and those with dementia.


A Day Centre can mean many things to lots of different people. It can be a place to go for some company or to have a hot meal. We can provide assistance with personal needs, such as bathing and, most importantly, a Day Centre can provide day respite for a family member struggling to care for a person with dementia.

We have a variety of different activities to suits all needs. The Day Centre is open 4 days week from 10.00am to 4.30pm.

If you would like to discuss what Saint Barnabas can offer in further detail please contact The Manager Mrs Nicki Fountain 01502 722264

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Revd Alan has shared this prose poem with us

And the people stayed home: A Poem about Hope in Coronavirus times

And the people stayed home. And read books, and listened, and rested, and exercised, and made art, and played games, and learned new ways of being, and were still. And listened more deeply.
Some meditated, some prayed, some danced. Some met their shadows.
And the people began to think differently. And the people healed.
And, in the absence of people living in ignorant, dangerous, mindless, and heartless ways, the earth began to heal.
And when the danger passed, and the people joined together again, they grieved their losses, and made new choices, and dreamed new images, and created new ways to live and heal the earth fully, as they had been healed.

Kitty O'Meara (retired USA teacher and chaplain)

News from Wangford Church

As I write this, the world is full of gloom and anxiety, yet all around us Spring has arrived with an amazing show of flowers, blossom and birdsong. The churchyard is full of daffodils, and the area round the war memorial looks splendid.



So many of us in this village fall into the vulnerable category, and life will be difficult. How lucky are we who have gardens so we can at least get into the open air. With everything cancelled for the foreseeable future, we must all take great care and follow the guidance we have been given.

It was realised recently that some places still have Lady P's boxes for donations towards the church floodlighting. It would be good if these could be maintained as a little memorial to her work in the village. Please advise our Treasurer, Sheila Scholes, if you have one on your premises.

Next month we hope to have better news to bring you. Meanwhile, take great care and keep safe and healthy.

Valerie Beckett, Churchwarden 578487

Peggy Button

Sheila would like to thank everyone for all cards, letters, messages and support given to her and the family on their loss of Peggy. Also Rosedale Funeral Home, Bungay, Reverend Alan Perry for a comforting service, Sue for playing the organ and "The Ladies" for serving the teas. It was lovely to be able to use the facilities of the North Aisle. All your support has been appreciated - thank you.

Peggy May Button RIP

The funeral service for Peggy, who died on 28th January, took place at Wangford Church on 21st February, attended by a large congregation of family, friends and neighbours.

Born on 25th February 1927 at Pound Corner, Wangford, Peggy was the first of Ted and May Muttitt's two daughters. After her education at Henham and Reydon Peggy went into service at a Surrey boys' school, returning after two years to work at St Felix School until her marriage to Hubert in 1951. They lived on the Henham estate at the Dairies until moving to Millfields when Hubert retired.

Sheila was born in 1953, and, like most young women with young children at the time, Peggy worked on the fields hoeing sugar beet and picking fruit, beans and potatoes.

Peggy and Hubert were very involved in watching their granddaughters Sara and Kate growing up as the girls also lived on the estate. The birth of their first great-grandson Joshua just five months before Hubert's death was also a great joy. Peggy was delighted when three more great-grandsons, Archie, Lewis and Jacob, came along.

She learned to knit as a young girl, and knitted for the troops during the war. Thereafter she used her meticulous skill to knit copiously for the family, and later for various charities including making blankets and hats for the Neonatal Intensive Care Unit at Norfolk and Norwich Hospital, and was a much-loved and experienced member of Wangford's First Thursday Knitting Group.

Peggy was always active and involved in village life, and after breaking her hip in 2013, was soon to be seen confidently going round with her 3-wheeled walker. She was not so lucky when she broke her other hip in 2018; further health problems meant she could no longer remain in her own home.

Peggy spent her last few months at All Hallows Care Home in Bungay, where she received exceptional care and compassion from all the staff, for which the family would like to thank them.

Peggy's ashes were interred with Hubert in the churchyard. Donations in her memory were for All Hallows Care Home.

News from Uggeshall

Uggeshall Coronavirus Community Support

If you are aware of someone who might need support during this period of isolation, please put them in touch with us.

Sarah Butt, telephone 01502 578519 or 07979 770383

If you would like to volunteer please contact any of us:

Philip Hall
Jenny Bloom
Jane Webb
Sally Goddard
Amanda Hamilton
Alan Palmer

Uggeshall Music

Sadly, due to the current situation, Helen Hayes has cancelled her music-making groups until further notice. In the meantime, Helen is posting daily videos on her youtube channel 'Sing with Helen' for people to join in with at home.

Uggeshall Teas - coronavirus permitting!

We thought it would be prudent to just let everyone know that the process of organising the teas has started again for this year - subject to restrictions being lifted by the end of July. If anyone would like to join our steering group to help us organise the teas they would be most welcome. We will also be requiring the usual washer uppers, waitressing staff and just general helpers. If you would like to be part of our Uggeshall Teas in any capacity please contact me as all help is very much appreciated.

Contact pearlfeigate@googlemail.com on 01502 578531 or 07557 648 178

News from Sotherton

Fashion Show

The fundraising fashion show will be re-arranged when we come out the other side of the current situation.



At this time, it is our intention that the 2020 rally will still go ahead as planned on 19th and 20th September.

We will of course be following official government guidance and will review matters

as the situation progresses. We will not be sending out any exhibitor or stallholder entry forms for the time being. The safety of our visitors, exhibitors, volunteers and organising committee is paramount and whatever we decide will be in the best interests of all concerned.

As always, thank you for your support during these uncertain times.

News from Wangford Vets

Strutt your Mutt

It is with great sadness that we announce the cancellation of Strutt Your Mutt 2020 Charity Dog Day due to be held on June 14th. We understand this will be hugely disappointing for many of you.

We would like to thank all of our supporters and look forward to welcoming you all back next year.

But here's some exciting news to cheer you up!

Wangford Vets has just been named as one of 3 Finalists for the PetPlan Veterinary Practice of the Year Award!

Thank you so much to all those who took the time to vote for us in this nationwide competition. Your support really does mean so much.



LOTS OF TWITCHING IN WANGFORD!

*And what had they travelled miles to watch?
A group of 4 waxwings who hung around for nearly a week
launching themselves across the road from one of the bare trees on
the playing field to strip the berries from Val's big cotoneaster.*



Wangford waxwing – photo courtesy of Geoff Pepper.

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Stuart &
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ABRAHAM

This Easter our dear chums and neighbours John and Janet will have owned the wee house in the village for 50 years, a lot longer than most, I venture to suggest. Long may they and their family enjoy visiting this blessed plot.

'Books Do Furnish A Room'. As I sit in my little room dreamily perspiring and panicking, desperately trying to entertain my dwindling band of loyal readers, probably wondering why I alighted upon this daft, pretentious pseudonym, my eyes drifted up to the first of the three book shelves looking for inspiration. The top shelf gives me my beloved Buildings of England by Nikolaus Pevsner, in alphabetical order from Bedfordshire to Suffolk, to shelf two, from Sussex to Yorkshire, wondering how many I have visited and how many I have yet to get to. Then to the newer 'McPevsners' - the few which interest me the most - Edinburgh (for my youth), Argyll and Bute (no idea why), Highlands and Islands (for Orkney and my little girl), and Fife (my own wee kingdom - loved it so much, I couldn't wait to leave). Still on shelf two, we move to the 18 books written by A. S. Neill (nope, I can't let him go) and then, lots more about him and Summerhill, including a novel by one Hylde Sims who featured heavily in a recent Billy Bragg TV programme about the 'Rock Island Line'. And finally, volumes regarding Benjamin Britten. Why regale you with that stuff, you may well ask? Because they will all feature in my immediate and future plans. Hopefully, somewhere in Blighty and the Auld Grey Toun this year, Orkney and the centenary of the school next year, and the Red House all the time. Thinking hard, the only rooms in the house where there are no books are the two bathrooms. Oh dear, that does sound like boasting. I should retitle the heading 'Books Do Clutter A Room'.

I spent a couple of days in Totnes, South Devon, recently. What a pleasant little town, which only proves what I regularly bang on about. The U.K. is stuffed out with beautiful places. I could go my whole life through without seeing a fraction of the beauty we have in these islands. It gets on my thrupennies when I ask folk where they are off on holiday and they oft reply 'only' 'Norfolk or 'Ludlow' or whatever, as if these places were inferior to say, New York or other far flung foreign fields. I say again, the word 'only' does not feature in my vocabulary when applied to England. Look around, folks. Appreciate old Blighty. You will never see its like again.

I just happened to see a repeat of one of the multi-coloured Michael Portillo's railway journeys recently (where does he get these jackets?) He alighted in Dumfries, in the Galloway region of the land of the barbarians - not a name normally to conjure with. However, for myself, it has wonderful associations with two of the greats.

This is where Robert Burns lived from 1791 until his death in 1796. His favourite haunt, the Globe Inn, established in 1610, is alive and well. The room and chair which the great man used are still in use today and if you dare to sit in his chair you must recite at least one line. Just try and stop me. My trusty Bradshaw's Hand Book also informs me that 'Excellent bacon and hams are cured here in Dumfries, and vast numbers of small cattle pass this way to be fattened for market in Norfolk and Essex.'

And you must have guessed this one was coming. When J.M. Barrie was a pupil at Dumfries Academy he played games in the gardens of Moat Brae House with the Gordon boys and this

became 'the enchanted land' which bore Peter Pan and Wendy and, which in 2019 opened as a National Centre for Children's Literature and Storytelling. "Dreams do come true, if only you wish hard enough" - JMB. So, coronavirus permitting I think I shall be off to Dumfries this year. What more can a man want? Two heroes in one town and another on the doorstep.

One for the wrinklies. Do you remember when songs had verses which prefaced choruses, but then disappeared, never to be sung again? How about this one?

This day and age we're living in
Gives cause for apprehension
With speed and new invention
And things like third dimension
Yet we get a trifle weary
Of Mr Einstein's theory
So we must get down to earth at times
Relax relieve the tension
No matter what the progress
Or what may yet be proved
The simple facts of life are such
They cannot be removed
All together now - You must remember this...

I advise (should that be 'warn?') you. Next month I hope to regale you with a little piece about a minor poet called R. F. Murray. I know. You can scarcely wait.

Abraham

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 Sotherton Karen Flaxman 01986 873123

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 Uggeshall Colin Hill (Churchwarden Emeritus)
 Colonel Giles Crisp 578251
 Clare Bailey 578679
 Sotherton Gerard Walker 01986 874248
 Stephen Flaxman 01986 873123

Wangford Community Council

Vice-Chairman Malcolm Woolnough 578701
 Secretary Sue Hosking 578287

Wangford Community Centre

Chairman Malcolm Woolnough 578701
 Bookings Rachel Dade
 booking.wcc@outlook.com 578311

Caretaker Roy Hodgkins 07871 044120
 Secretary Sue Taylor 578408

Wangford Clubs

Book Club Gilliane Smith 578620

Parish Council Clerks

Wangford Jean Brown 675739
 Uggeshall Jean Brown 675739
 Sotherton Caroline Cardwell 01986 781349

Henham Steam Rally

Chair Helen Walker 07557 784927

Wangford Surgery 578257

Sole Bay Health Centre 722326

Wangford Veterinary Clinic 578999

Police Urgent 999 Non Urgent 101
 Crimestoppers 0800 555111

PASSENGER NOTICE

All our bus services are still running, as we know a lot of people rely on them.

With effect from Mon 23rd March:

580 will operate a Non Sch Timetable
146 will NOT operate the following journeys:

0855 Worlingham - Norwich
 0903 Beccles – Southwold
 0910 Norwich – Southwold
 1005 Southwold – Norwich
 1105 Southwold – Norwich
 1140 Norwich – Southwold
 1240 Norwich – Southwold

Thank you for your continued support in these difficult times.



Border Bus

www.Border-Bus.co.uk

Information correct at 25th March.

Wangford with Henham Parish Council



The Parish Council Emergency Meeting in the Centre car park.

Use of the playing field

Everyone is reminded that the use of motorised vehicles of any sort on the playing field is strictly forbidden for obvious safety reasons. Please report any misuse of the playing field to any Councillor or the Clerk. Ideally, photographic evidence is required of any misuse, in order that the Council can take action.

Whilst you are free to walk your dogs on the playing field, and this is proving very popular, **please keep them on a lead at all times and keep them away from the allotment areas.** The allotment holders pay an annual fee for their plots and are entitled to use them undisturbed and without risk of fouling etc.

Steven Smith (Vice-Chairman)

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DEADLINE: 11th day of Month preceding publication

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