

“Keeping
the Community
informed”

FREE ISSUE

WANGFORD UGGESHALL SOTHERTON

Messenger

PARISH MAGAZINE

EDITOR: SUE TAYLOR

VOLUME 15 NO. 10 JULY 2020

So - what does Level 3 mean for us?

The Angel and the Plough reopen

What some of you have been waiting for! Both of our pubs will reopen on Saturday 4th July (11.00 am at the Angel, 12 noon at the Plough) - but things will be very different under government guidance (all 43 pages of it!).

- Service will be at tables only; there will be no service at the bar.
- Due to reduced capacity, it's best to book your table, although walk-ins may be accommodated if tables are available. Outdoor tables at the Plough are not reservable.
- Tables will be placed to maximise social distancing guidance, and indoors no more than two households can sit together.
- On arrival, you'll be asked to give your details for track and trace.
- Both pubs have options for electronic ordering, although staff will also take orders at your table.
- A rigorous cleaning and sanitising regime will be in place, and you'll be asked to observe social distancing at all times.
- Angel food will be served from 12.00 - 2.30pm and 6.00 - 9.00 pm, and 12.00 - 6.00 pm on Sundays, with (initially) a smaller menu.
- Plough food will be served from 12.00 - 2.00pm (2.30 pm on Saturdays), and from 6.30 - 9.00pm (6.00pm on Saturdays); Sundays will be from 12.00 - 3.00pm, and 6.30 - 9.00pm. Menus can be viewed online.

Angel: 578494 moss-co.com/the-angel-inn-wangford
Plough: 578239 wangfordplough.co.uk

And what about everything else?

Wangford children's playground - will reopen on July 4th. Please impress on your children the continued need for social distancing and good hand hygiene.

Churches - most (apart from Wangford - see page 6) are open for private prayer. It's hoped that some worship will return soon, but further guidance is awaited. It is likely that some services will still continue by Zoom (see page 12 for times).

Mobile library - we are advised this will resume on Wednesday 8th July; 10.10am at Millfields, 10.35am at Wangford Church.

Southwold library - will reopen from Tuesday 7th July for the new Select and Collect service only. Please call 722519 for further information and to reserve items.

Wangford Community Centre - the Centre remains closed. Over the next week the Community Council will undertake a risk assessment to decide which, if any, activities may resume. Currently the government strongly advises against centres opening for indoor fitness and sport activity.



Wangford Post Office

will re-open in the
Community Centre
on Thursdays only, starting on
2nd July from 1.00 – 3.00 pm.

Only one customer is allowed in
the building at a time.

*Please queue at least 2 metres away
from the ramp, and use the hand
sanitiser provided before entry, and
again before exit.*

Social distancing

On 23rd June Boris said:

"Where it is possible to keep 2 metres apart, people should. But where it is not, we will advise people to keep a social distance of 'one metre plus', meaning they should remain one metre apart, while taking mitigations to reduce the risk of transmission."

Looks as though, if you can't stay home, you'll need your masks, gloves and visors - and a large amount of something in short supply at the moment - common sense!

(ALMOST END OF?) LOCKDOWN INFORMATION

Wangford Village Store

We are open Mondays to Saturdays 8.00am - 6.00pm, and 8.00am - 4.00pm on Sundays.

*Only 4 customers are allowed in the shop at any one time

*Please keep your distance from others, and observe the 2m rule and floor grid

Wangford Farm Shop

Our opening hours are now:

Monday to Friday

9.00am-12.30 pm,

and 1.30 - 5.00pm

Saturday 9.00am-5.00pm

Sunday CLOSED

Home deliveries to people who are over 70 or classed as vulnerable are on Monday, Wednesday and Friday. To order please ring 01502 578246 or email rj.miller@btinternet.com by 3pm. You can pay by card or by bacs. There is a £2 delivery charge; alternatively a neighbour, friend or volunteer can collect for free.

Food Bank Donations

Due to logistical reasons please do not leave donations in the porch of St Margaret's Church; from now on please bring them to John and Jan Collins house at 19 Lakeside Park Drive or phone 01502 725731 for collection.

If anyone is aware of someone in financial difficulties and/or need who could benefit from a food parcel please encourage them to contact the VHC in the first instance (01502 724549) or vhsouthwold@btinternet.com.

WangfordHelp

We are still here to help those of you who cannot, or don't want to, go out. You can phone, email or text us. Give your name and contact details, and tell us how we can help

Email: wangfordhelp@gmail.com
Phone: 07941 156508 / 01502 578408

NEW - cash withdrawals

If you are running short of cash, but have a cheque book, don't venture out - we are now able to withdraw money for you. Call the helpline number above for more details.

Uggeshall Coronavirus Community Support

If you would like support, or would just like to discuss your worries please telephone Sarah Butt 578519 / 07979 770383

If you are aware of someone who might need support at this time, please put them in touch with us.

Health Advice

Coronavirus

If you have a high temperature or a new cough, stay at home completely (self-isolate) for 7 days, or until your symptoms have gone. Rest, drink plenty of fluids and take paracetamol to reduce your temperature.

If you have serious symptoms that you cannot manage at home, in the first instance visit www.111.nhs.uk for guidance. If you cannot go online, call 111.

Do **NOT** visit your surgery.

What to do about any serious sudden illness

In the event of a suspected heart attack, stroke or other sudden serious illness, dial 999 as usual. A&E departments are still operating normally - and separately from coronavirus patients.

What to do if a condition you are already being treated for gets worse

Ring your surgery. They will tell you what you should do.

Wangford Surgery 578257

Sole Bay Health Centre 722326

Wangford Vets

We are running with limited staff each day. Our opening hours are:

Monday - Friday 8.30 am - 4.30pm (Closed for lunch between 1.00 and 2.00 pm)

Saturday and Sunday - OUT OF HOURS ONLY

There are no routine appointments at the moment; we are only able to see urgent or emergency cases.

For repeat medications, email enquiries@[wangfordvetclinic.com](mailto:enquiries@wangfordvetclinic.com), or register on the Wangford Vets website: <https://www.wangfordvetclinic.com>

Please allow 2 working days from ordering to collection. Your medication should be collected from the practice between 2pm and 4pm Monday to Friday.

Please also email any general non-emergency enquiries where possible.

BUT, IN ANY EMERGENCY, call the usual number 01502 578999

Public transport

It is now mandatory to wear a face covering on all public transport. Only travel if your journey is essential.

On the buses, capacity has been reduced by 75% to allow for social distancing. You should use the seats nearest the windows, and pay contactless where possible. From Monday 6th July concessionary bus passes will only be accepted after 9.30am.

Border Bus

(border-bus.co.uk)

Service 146 Has resumed the normal through route to Norwich, running hourly.

Service 524 Normal service

First Bus (firstgroup.com)

Service 99 Wangford has the usual 4 buses per day



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St Barnabas Southwold In 2018 Saint Barnabas opened a family-based Day Centre for older, frail people and those with dementia.


A Day Centre can mean many things to lots of different people. It can be a place to go for some company or to have a hot meal. We can provide assistance with personal needs, such as bathing and, most importantly, a Day Centre can provide day respite for a family member struggling to care for a person with dementia.

We have a variety of different activities to suits all needs. The Day Centre is open 4 days week from 10.00am to 4.30pm.

If you would like to discuss what Saint Barnabas can offer in further detail please contact The Manager Mrs Nicki Fountain 01502 722264

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JULY'S TEAM LETTER

Dear Friends,

On June 15th we were permitted to unlock most of our church buildings and to welcome people for individual private prayer. This moment felt like a welcome first step in a return to normality.

There has been some debate in church circles about the pluses and minuses of worship without church buildings. Some have argued that the experience is a liberation. Those who support this view perceive a model of an emerging church that, relieved of the crushing financial burden of medieval buildings, will be able to travel light into a brighter future. Online worship provides the opportunity for creativity and flexibility. Mission and evangelism via the laptop and tablet can reach millions who never enter a church building. Online learning and teaching will equip disciples and deepen the faith of new disciples.

Our own experience in Sole Bay has shown how use of Zoom has been a blessing for us. I am extremely grateful to Revd Alan for the hard work that he has put in each week to produce high quality Zoom services, with hymns, music, film clips and a variety of participants leading worship. Zoom has also been used for some PCC meetings, saving time and mileage. Zoom has enabled weekly Messy Church and Compline, and has helped us all to learn new skills and to pray together in ways that until recently we did not think possible. Thank you to everyone who has contributed to our new ways of being church in Sole Bay.

Others argue that church is not church without a building. The physical building provides a space for the people of God to meet together in praise and worship as one body. The official line is that Holy Communion is only possible when priest and people are together in one place.

Buildings also provide something that is difficult to describe. When I wrote on Facebook that St Edmund's was to reopen for individual private prayer, the message was received, liked and shared by over 300 people in 24 hours. Yet few of those who welcomed this news on Facebook have actually been in to pray. I wonder if the physical presence of the church in the heart of the community, a reliable and unchanging rock in an uncertain world, is something of deep importance. The church building is a visible sign of the body of Christ in a way that online church cannot replicate. It is a blessing therefore that church buildings are open again. Further steps back to normality will hopefully follow in the next few months.

My contribution to the national debate about what lockdown has taught the Church of England is to argue that new technology does not replace church buildings. Church buildings remain as a vital tool for ministry and mission. However we have seen how new technology can enrich worship, include those who do not, or who cannot, attend physically, and help us to find confidence in trying new things. I am sure that the church will emerge from the lockdown ready to embrace the goodness of both traditional and new ways of being Church and of witnessing to Christ.

Revd Simon

News from Wangford Church

So near and yet so far!

During the last month, steps to open our churches have taken us nearer to meeting again for worship. Entering a church for private prayer is now permissible in many churches. But, as you will read below, this does not apply to Wangford because of the start of the roof work. St. Mary's, Uggeshall or St. Margaret's, Reydon are our nearest places of worship open for this purpose. Meanwhile the Zoom services at 9.30 am every Sunday continue to be well supported and I would recommend this different form of worship to anyone who has access to the internet. Please contact Revd Alan if you wish to be invited.

Valerie Beckett, Churchwarden

From Revd. Alan Perry...

Most churches in the Sole Bay Team have now opened for Private Prayer. However, due to the imminent building works starting to replace the chancel roof of the church of St. Peter and St. Paul in Wangford, the building will remain closed for Health and Safety reasons until the works are completed. The works are being carried out by Valiant Construction, a specialist church builders from Bury St. Edmunds. We are still seeking any financial support towards this project.

Please note that Valerie Beckett is standing down from her role as churchwarden with immediate effect for personal reasons.

Jackie Casement (578992) has agreed to step in as Acting Churchwarden until an APCM and election can take place.

Please contact Reverend Alan Perry, on 453624 if you need to speak to a priest during this time, or Jackie Casement, Acting Churchwarden on 578992 if you have any queries.

William Robert Frederick James RIP

(This eulogy was written by Mike Giles)

Bill, who died in James Paget Hospital on 26th May, was born on 15th October 1944 and grew up in the Plumstead area of South East London.

He had a love for Elvis Presley, Roy Orbison, the Rolling Stones and all things Rock'nRoll in his teens and through his life, and owned most, if not all of Elvis's films on video or DVD. He also had a love of cars and supported Charlton football club through thick and thin. He loved animals, particularly dogs and recently acquired a Jack Russell cross named Toby. He also had quite uniquely both a sweet and savoury tooth which normally meant that mini cheddars and wine gums were never too far from his reach...

Pat first met Bill around 1974 when they were working as green keepers for Greenwich Council in Plumstead. Pat and her husband, Patrick, became friends with Bill over a number of years, helping him with some personal issues, leading inevitably to him becoming part of the extended family.

Bill was a qualified carpenter which he regularly put to good use in helping the family out. Over the years Bill provided a significant amount of practical care, on one occasion helping clear out a huge amount of earth from inside the surrounding walls of Pat and Patrick's newly-acquired flat. He was a great support and friend to Pat when her mother was very ill, and provided the same care and support during the illness of a precious aunt.

After many years of holidays in Southwold and surrounding areas, Bill and Pat aspired to live in Suffolk and finally managed to do so when Bill retired from his job not long before moving to Wangford in July 2009.

The villagers of Wangford brought out a new side to Bill which Pat and her son Mike had not seen before; he would regularly attend locally organized events, and liked to have chats with members of the local community. He was definitely at his most content after moving to Wangford.

To the family, Bill's kindness, patience and awful sense of humour were amongst those qualities that will always stand out. In many ways he was a gentle giant.

After a service in the churchyard attended by a small gathering of family and villagers, Bill was laid to rest on 5th June. Donations in his memory were invited for the RSPCA or Barnados.

Joan Missenden RIP

It is with great sadness that we report the death of Joan in All Hallows Care Home, Bungay on 15th June.

Joan's funeral will be at Waveney Memorial Park and Crematorium, Ellough on Thursday 16th July at 2.00pm.

Our thoughts are with Ann, Alan, James and their families at this difficult time.

News from Wangford Vets



*Wangford Vets -
Winners of the Petplan Veterinary Practice of the Year 2020.
Head Veterinary Nurse Estelle Jenner with the coveted award.*

Farewell to Boris

We are sad to tell you that Boris has made the decision to leave Wangford Vets and return to Bulgaria.

Boris will be greatly missed by everyone here, and no doubt also by many of the clients and patients that he has come to know so well. However he will be leaving us with lots of fond memories of the past 9 years and we are sure he will continue to do great things.

We'd like to take this opportunity to thank Boris for all the hard work and dedication he has shown to this profession and most importantly to our patients here at Wangford Vets.

From Boris: Thank you all for the warm wishes. It's been wonderful being here for you all these years. I have enjoyed working with all of you and your pets.

Warning!

It has come to our attention that we have been listed on a site called TopVet. We have no association with them and we have not agreed to be listed or for them to have any of our details. It appears you can book appointments and make payments via them. PLEASE DO NOT go through their website. Only use our Wangford Veterinary Clinic website. If you have made any payments or booked an appointment through them, please contact one of the managers on 01502 578999.

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Stuart &
Mark

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ABRAHAM

A little thing that really annoys me - people striding purposefully along the street clutching a plastic cup of coffee. This spells out to me that they are sending a message to the populace to the effect that "look at us, our lives are so busy and self-important that we don't have time to be civilised and sit down to drink properly and leisurely". Give me strength and Lord preserve me from such pretentious wannabees. On the other hand were I to notice you sitting on a bench in, or even, perish the thought, wandering along, South Street in St Andrews cheerfully munching on a Fisher and Donaldson scotch pie (or, as we knew it - a mince or mutton pie), not only would I welcome you, I might even join you.

Whatever one thinks about the Government's handling of the Covid -19 crisis I see no point in the vicious blame culture. If the Government had sent us into lockdown earlier they would have been accused of over-reaction, and what can anyone do when even the so-called scientific experts globally hold conflicting opinions? Even the four nations of old Albion are ignoring the Prime Minister's advice and going their own way. It does seem that life as we know it, Jim, will never be quite the same. Of course we shall survive and come out of the recession eventually, but I speak from the lofty heights of someone for whom the ordeal has not been too severe. It is easy to snipe from behind the parapet. If the gainsayers' heads were above it, they would soon enough shut up when it quickly became obvious that they would not be able to do any better. I do try to keep up with all the correspondence and advice flying around but it is dashed difficult with the inconsistencies that abound. So let Boris and his cronies get on with it; history will be the judge of their performance and I predict that it will be a kindly judgement.

One may well find that some folk, compelled to work from home, have taken such a shine to it that their bosses will be asked to allow them to continue. I was conversing with a young man, a Londoner, occupying a second home in Southwold and working therefrom, who informed me that he was doing so before the lockdown, and that when the all clear is sounded, he will not wish to return to the Great Wen. Some sort of success story if it creates a permanent resident in the old town.

The only parts of lockdown that I cannot do and miss are the volunteering job and the social life. I do hope that the little Angel and the Nelson are still there to welcome me back come the day. I have to remind you, in the event of some wee businesses going under, including a pub or two, of Hilaire Belloc's words : *When you have lost your inns drown your empty selves, for you will have lost the last of England*; because, as Doctor Samuel Johnson reminded us : *There is nothing which has yet been constructed by man by which so much happiness is produced as by a good tavern or inn.*

I have been re-reading the crime novels of Rex Stout who created the enormous detective Nero Wolfe and his legman Archie Goodwin. Wolfe is primarily cerebral, engaging his seventh of a ton body in very little physical activity, absorbed in his hobbies of orchid growing, reading, consuming fine food prepared by

his chef Fritz and drinking beer, and more beer. He only works when it is absolutely necessary, solving crimes to finance the running of his household. A marvellous treat.

The power of the Press is essential and should be supported, if required by funding from the Government. Politicians who purport to run the country are circumspect in their comments and views for fear of offending the public (and, I am afraid, of prejudicing their future as MPs). Our newspapers are in a tricky position at present but online circulations suggest that there is still a demand for strong journalism. Ignoring the excesses that exist (witness the demise of the News of the World) it is mainly through newspapers that injustices and scandals are revealed and ill-considered policies questioned. Which is why I shall keep buying the East Anglian Daily Times. The great bard Robert Burns summed it up well : *"Here's freedom to him that wad read, Here's freedom to him that wad write! There's nane ever feared that the Truth should be heard, But they who the Truth wad indite."*

For those of you who take the Star or Mirror newspapers you may recall the *Beau Peep* and *A Man called Horace* strip cartoons, both of which were discontinued in 2016. They were illustrated and annotated by Andrew Christine and Roger Kettle. Andrew died in May. Despite attending the same ghastly school I did not know Andrew but I was very friendly with both his older sisters (no sniggering at the back). I have not seen the sisters since 1965 but a little coincidence comes to mind. Roundabout the early '90s while in Edinburgh my little Frances makes a chum of another wee girl named Kara, who later becomes one of her bridesmaids in 1994. How about this for a degree of then unknown separation? - Kara's dad was Andrew Christine

And, don't you know it, I have not as yet managed to bake sour-dough or banana bread. Hands up all those who have.

Abraham

First Thursday Knitting Group

No news here, I am afraid. I hear members are being very industrious during this time, but we miss our meetings. As soon as there is any news, I will be in touch.

Valerie Beckett 578987

Wangford 100 Club 2020

Winners in the
June Draw were

1. Paul Peck
2. Abi Forristal
3. Dan Smith

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 Team Vicar The Reverend Alan Perry 453624
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 Secretary Sue Hosking 578287

Wangford Community Centre

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 Bookings Rachel Dade
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Wangford Surgery 578257

Sole Bay Health Centre 722326

Wangford Veterinary Clinic 578999

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*"Keeping the
 Community informed"*

NOW ON THE WEB AT:
<http://wangfordwithhenham.onesuffolk.net>

Church Services

We hope some worship will return to our churches soon, but we are waiting for further guidance. Part of the diet offered will include some worship continuing by Zoom.

Week 1

at 8.00am (BCP Holy Communion)
 and 9.30am (CW Holy Communion)

Week 2

at 8.00am (BCP Holy Communion)
 and 9.30am (CW Holy Communion)

Week 3

at 9.30am (CW Holy Communion)
 and 3.00pm (BCP Evensong)

Week 4

at 8.00am (BCP Holy Communion)
 and 9.30am (Family Service)

To join the services please contact Rev Alan Perry (453624) who can provide you with the log-in information (each service has a different Meeting ID), or Harriet Notton (07713 939701) for technical advice and support.

At least satire's alive and well!

THEATRE CROWD MUSTN'T BE BITTER

The entertainment industry seems upset that pubs are to be opened before any theatres or music venues.

But you can understand why the pubs have priority - it's a matter of safety.

Theatres are wild places where you can't control the public.

So often, during a show by a comic, the audience spreads viruses by forgetting they have a ticket for seat 19b and moving across to seat 23f and sitting on some-one else's lap.

Once they've got overexcited by reading the programme, they're back and forth to the toilet, spreading germs around.

And sometimes when violinist Nicola Benedetti is playing, a member of the audience will listen to too many notes and end up being sick in the car park outside.

But in a pub, everyone sits quietly gazing at the beauty of the beer pumps and admiring the peanuts.

No one ever moves anywhere and no one projects little spores of virus because no one says a word.

If only people could behave as well in theatres as they do in pubs, the entertainment venues could be opened up next week as well.

They have only themselves to blame.

Found on Facebook - Mark Steel, Sunday Mirror, 28th June 2020



**Remember –
 it's your job
 to clear up
 after me!**