

"Keeping
the Community
informed"

FREE ISSUE

WANGFORD UGGESHALL SOTHERTON

Messenger

PARISH MAGAZINE

EDITOR: SUE TAYLOR

VOLUME 14 NO. 6 MARCH 2019

Return of the Bohemian Choir

From 29th March to 7th April the Bohemian choir are returning to Suffolk and will perform in churches, schools and universities in the area.

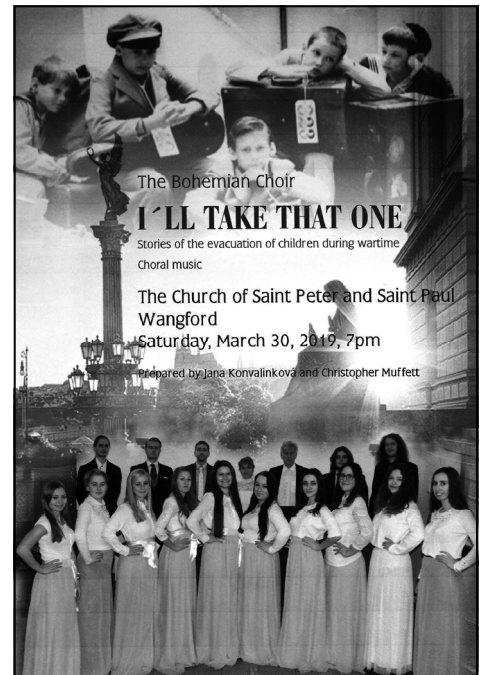
The choir consists of eighteen students from the Technical University of Liberec, a city in Bohemia, one hundred kilometres north of Prague. The singers are from many different faculties at the university, but the majority are studying to be teachers.

Last year the theme was Dark times in Beautiful places, stories from the communist period in Czechoslovakia with accompanying music. This year the theme is the evacuation of children and the concerts are entitled I'll take that one.

Each concert is one hour long and includes contemporary and classical choral pieces. Stopford, Esenvalds, Dvorak and Smetana are some of the composers featured. The students also perform readings telling true stories of evacuation in England and the Czech Republic. They will tell the story of the Czech children who were taken to safety in Britain thanks to Nicholas Winton, and also stories of children who were evacuated from London. All stories are true and the authors of some are still alive, some seventy years after the Second World War.

Saturday 30th March - 7pm Wangford Church

Sunday 31st March - Church services in Reydon and Wangford.



More good causes benefit from the 2018 Steam Rally

At the Henham Rally party in January, presentations were made to 2018's additional good causes chosen by the Rally.

GHSR Chair Helen Walker (centre) with (L to R): Gary Doy (Southwold RNLI) Clive Shepherd (Service by Emergency Rider Volunteers), Kevin Sullivan (East Anglian Air Ambulance) Pat Seaman (Wrentham Area First Responders). Sepsis UK, the fifth additional charity, were unable to send a representative.



Wangford Church Coffee Morning

This month's Coffee Morning is on Tuesday 26th March at 10.45 in the Community Centre.

Do join us for home-made cakes and scones, freshly-made coffee and a good old natter.

Wangford Men's Breakfast Group

The next meeting is at Wangford Community Centre on Saturday 23rd March.

Alan Perry will speak about Ethiopia being The Cradle of Christianity, and his visit at Easter 2016.

Full English - £10.00
Light breakfast (cereals, fruit juice, toast and jam/marmalade) - £6.00

Please let Bernard know on 578766 by midday on Thursday 21st if you wish to join us.
8.45 for 9.00 am

Suffolk Wildlife Trust (Southwold)

Next talk

The Realm of the Polar Bear

Speaker: Chris Parfitt

Thursday 14th March
7.30pm Southwold Arts
Centre (St Edmund's Hall)

Cost: £3.00
(including refreshments)
Under 16 free.

WHAT'S ON IN MARCH

Wangford Parent and Toddler Group
Mondays from 9.30 - 11.30am Community Centre

Uggeshall Annual Parish Meeting
Tuesday 5th March 7.30 pm The Old School Hall

Wangford Art Group
Thursdays from 9.30 am Community Centre

Knitting Group
Thursday 7th March 2.30 pm Community Centre

Book Club
Thursday 7th March 8.00 pm Community Centre

Singing Group
Wednesday 13th March 10.30 am Community Centre

Uggeshall Coffee Morning
Thursday 14th March 10.30 am The Old School Hall

Suffolk Wildlife Trust
Thursday 14th March 7.30pm Southwold Arts Centre

The Arts Society Southwold
2.00pm Southwold Arts Centre

Lunch Club
Tuesday 19th March 12.30 pm Community Centre

Whist Drive
Wednesday 20th March 7.00 pm Community Centre

Wangford Men's Breakfast
Saturday 23rd March 8.45 am Community Centre

Bumper Bric-a-Brac and Jumble Bonanza
Saturday 23rd March 2.00pm Community Centre

Wangford Coffee Morning
Tuesday 26th March 10.45 am Community Centre

Bohemian Choir
Saturday 30th March 7.00pm Wangford Church

Wrentham Film Night
Saturday 30th March 7.00pm Wrentham Village Hall

WRENTHAM FILM NIGHT

Wrentham Village Hall on Saturday 30th March

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and Elizabeth McGovern

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First Thursday Knitting Group

We next meet on Thursday 7th March at 2.30 pm in Wangford Community Centre.

All are welcome.

Valerie Beckett 578987

Wangford Community Council

Fundraising

Bumper Bric-a-Brac and
Jumble Bonanza

Saturday 23rd March,
starting at 2.00 pm.

The Arts Society, Southwold

Preceded by the AGM at 1.45 pm, the 2019 series of lectures continues on Tuesday 12th March when Lizzie Derbyshire will speak on Edouard Manet: A Bar at the Folies-Bergère.

Lectures commence at 2.00 pm in Southwold Arts Centre (St. Edmund's Hall), Southwold. Visitors and members' guests are welcome.
A small donation would be appreciated.

Wangford 100 Club 2018/9

Winners in the February Draw were

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2. Pete Hart
3. Michael Rawlings



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MARCH'S TEAM LETTER

'Giving Up or Taking On' - that is the question?

Most of us associate the season of Lent with a time of self denial and giving up something we enjoy. For example we might decide to give up chocolate, alcohol or some other indulgence.

In Lent, many Christians commit to fasting, as well as giving up certain luxuries in order to replicate the sacrifice of Jesus' journey into the desert for 40 days, where according to the Gospels, Jesus fasted for the whole time.

There is nothing wrong in deciding to give up something for Lent, and it has become popular to give up alcohol in January, so called 'Dry January', to purge oneself after the excesses of the Christmas season.

However, I am a great advocate of taking something on in Lent that we might not normally do to bring us closer to God and to each other.

Individually, we could pray more and set aside more time for periods of reflection, or alternatively, we could read an entire book from the Bible e.g. a Gospel so that we have a complete sense of the narrative. We could decide to give more money to a particular charity or seek sponsorship for doing some particular action like running a marathon for a good cause.

What I think can really help us to keep going and not give up is doing something communal with others and here in Sole Bay there are many opportunities for this during Lent.

We could join a Lent Group where we can share over five weeks our faith with other Christians or come along to learn about the Christian faith perhaps for the first time. We could attend a church more and enjoy worshipping with others. We could attend the Lent Lunches in St Edmund's Hall/Southwold Arts Centre on a Friday and donate to The Amos Trust, who work for greater human rights for all peoples who live in the Holy Land. We could attend a Lent Lecture on a Sunday evening where the taboo subject of Death and the Afterlife will be discussed both theologically, but also pastorally including ways we can help people who are experiencing loss and bereavement.

These are just some of the ways you can 'Take On' for Lent. There will also be more concerts across Sole Bay in Lent including the Bohemian University Choir performing two concerts: 30th March in St Peter and St Paul, Wangford at 7pm and 6th April in St Edmund's, Southwold at 6pm.

So, don't let Lent pass without giving something up or taking something on. You will definitely notice the difference when you reach the joyful feast of Easter Day.

May I wish us all a Holy Lent.

Reverend Alan

News from Wangford Church

Annual Parochial Church Meeting

The APCM is on the Sunday April 28 at 12.15 in church after the service.

A new electoral roll is in preparation. Anyone wishing to apply for enrolment to enable them to attend the meeting and vote should contact Linda Smith on 01502 578754 for a form, or email:

lindafreeland10@gmail.com as soon as possible.

News from Sotherton

Church Service

All are welcome at the next church service to be held on the 17th March at 9.30am.

APCM

Please note that the date of the Annual Parochial Council Meeting has changed to Wednesday 3rd April, 7.00 pm at Wangford Plough.

As we have our meetings at The Plough we have decided to stay for a meal after (pay for yourselves) and anyone is welcome to join us. Please let me know if you are going to so I can tell the pub the numbers.

Karen Flaaman 01986 873123

News from Uggeshall

Uggeshall Annual Parish Meeting

This will be held in the Old School on Tuesday March 5th at 7.30pm.

Ash Wednesday Service

St. Mary's is hosting the Sole Bay Team service for Ash Wednesday on 6th March at 7.00pm. This will be a BCP Communion with Ashing.

Uggeshall Coffee Morning

This month we meet on Thursday 14th March from 10.30am in the Old School Hall. Everybody's welcome.

Book Club

At our February meeting we discussed Juliet Nicolson's "A House Full of Daughters". This book looked at the lives of seven generations of females in the Sackville-West family. It started with the life of Perpita, a flamenco dancer from Malaga and her non-conforming relationship with Lionel Sackville-West. Most people enjoyed the book although some found it rather tedious, and the writing was not always easy to follow as the timeline shifted about quite a bit despite setting out the book in chapters to chart each life. The book was constructed from family photographs and diaries left by the various women. Their lives were often quite sad and difficult but the unifying thing seemed to be their love of the family seat, Knole in Kent, and Sissinghurst which was later purchased and has the wonderful gardens created by Vita Sackville-West. An interesting book about some notable women.

We next meet on Thursday 7th March at 8pm to discuss Vera Brittain's "Testament of Youth". All welcome. Tea/coffee £1.

Gill Smith 578620

Farewell to two of Wangford's great characters

Sidi Scott RIP

Live, Love and Laugh, a celebration of the life of Sidi, who died on November 15th after a determined battle with cancer, was held in Wangford Church on Saturday 12th January. More than 270 friends, family and colleagues were treated to a selection of words and music reflecting every stage of Sidi's career performed by her friends, both professional and amateur, with tributes from her daughters, Nikki and Emma, Canon Harry Edwards, and Jill Freud.

Gillian Veronica Matheson Bain was born on 13th November, 1933, the second child of Bristol GP William and his dancing teacher wife Sybil. During the war Gillian and her brother were evacuated to separate Scottish boarding schools. Later, a new theatrical boarding school at Tring, Hertfordshire, proved the perfect choice for someone who had begun dancing when young - taught first by her mother. Her stage debut was at Bristol Hippodrome at the age of three: as a dead prince cradled by a fifteen-year-old Deborah Kerr!

She adopted the stage name of Sidonie Darrell when she became a professional classical ballet dancer with the company that later became English National Ballet. A period as principal dancer with Bristol Old Vic was the prelude to Sidi finding her true calling in musical theatre. She was in (among others) the first UK touring production of Carousel, Kismet, and Bells Are Ringing in the West End. There were many revues, too - at theatres such as The Palladium, the Cambridge and the Prince of Wales. Sidi worked with a host of stars: Morecambe and Wise, Gracie Fields, Barbara Windsor, Norman Wisdom and Harry Secombe among them. Sidi was then a dancer and choreographer on light entertainment TV shows here and overseas, including Sunday Night at the Palladium.

It was at the Palladium in 1953 that Sidi met Derek when he took over from a pianist who had left for New York. They married in 1957. With the arrival of daughters Nikki and Emma, Sidi moved into choreography and directing, qualified as a ballet teacher, and taught keep-fit.

When she and Derek moved to Suffolk full-time in 1982 she set up a ballet school in Southwold, as well as pursuing her hobbies of bridge and golf, having been captain at both Southwold and Halesworth. She and Derek also became involved with Southwold Summer Theatre, and Sidi enjoyed working professionally once more. She also chaired the Friends of East Suffolk Performing Arts, the charity which supports young performers.

Sidi had a knack of befriending people, supporting them, drawing out their talents and strengths, and would get involved in absolutely anything and everything that was going on. She put on community productions, from the Wangford Nativity play to full-scale medieval mysteries at Blythburgh.

Sidi lost Derek, whom she adored, in 2006, but she refused to give in, continuing to work - and to go on copious cruises. She triumphantly survived a heart bypass at Papworth Hospital, and latterly confronted cancer in the same spirited way.

Donations in Sidi's memory were made towards East Coast Hospice, raising funds to build and run Margaret Chadd House, a specialist palliative care facility.

Vicky (Betty Agnes) Fisher RIP

The funeral service for Vicky, who died on 26th November following a stroke, took place at Wangford Church on 18th December. Vicky was born in Clapham, London, in 1921. Her father had been the first RAC motorbike patrolman in the Highlands of Scotland and later managed a garage in London. Her mother was an artist, hand painting china and ceramics. Vicky and her younger brother Harry inherited their parents' practical and artistic skills.

Called up into the ATS on the outbreak of war, she found her niche using her lettering skills for the war effort. It was then, because of her earnestness and Queen Victoria-like bun hairstyle, that she became Vicky.

Trained at London City and Guilds College, Vicky worked as a graphic artist for well-known Fleet Street journals and publishing houses - for a woman in the '50s a pioneering role of which she was proud. All her life she continued to practise portrait and figure drawing from life, and never ventured out without her little drawing pad and sharpened pencil; she could capture a likeness in seconds.

Vicky's first home in Suffolk in the 1970s was a cottage at Holton. Travelling round the area on her trusty moped, on which her precarious but determined figure was a well known sight, she found the old British Legion building at 7 High Street, Wangford - ideal to split into half for her workshop and half for her living space. She designed and oversaw all the conversions herself. In the workshop she made perfectly scaled and exquisitely upholstered replica dolls' house furniture for the specialist market, and also sold hand-made furniture and accessories.

Vicky lived frugally, believing in quality not quantity, and was very self-sufficient - a good carpenter she would make or adapt furniture to her needs and designs. She was always elegantly turned-out, in clothes of the best quality and taste she could afford. She enjoyed taking friends out for meals, and could always recommend a good eatery.

Vicky loved to travel, mostly alone, both within the UK and abroad, and worked for a period in Turkey, crossed the USA by bus, and went to France whenever she could. She was very well read, and was an enthusiastic, generous and erudite companion on visits to galleries, exhibitions and stately homes, where she often knew more than the guides. She loved radio and TV, was an avid consumer of the Parliament channel, and loved to discuss politics, both domestic and international.

Vicky's active mind never stopped, and she always had at least one project on the go, including, after a hospital stay last year, producing designs for more comfortable bedpans!

She was a friend to many people who never even noticed her advanced age as her mind was so bright and lively. At the end of her life she became physically much frailer, but her indomitable spirit still helped her to make the most of every day.

At her request she was buried in Wangford churchyard, and donations in her memory were made to Wangford Community Council's Service Fund.

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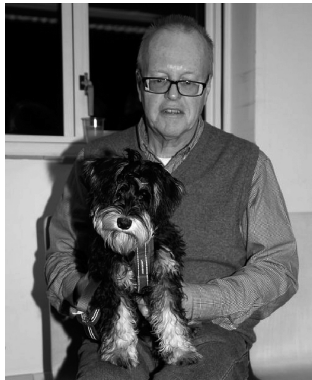
News from Wangford Vets

Doggy Social Visits

Wangford Vets are determined to make visits to see us as positive as possible and we encourage social visits for any dogs and owners who feel they could benefit. We are only a small team here so you will almost always see the same people, which is important for continuity. Your visit allows us to meet and get to know you and your dog too. This initiative provides an opportunity for multiple visits without any pressure, and allows dogs to explore the environment and build confidence. Sometimes just sitting in reception, popping them on the scales and a treat or two from one of the team can make all the difference.

Try to visit when the practice is quieter, (check with reception on 578999) but it is most often in-between 1 and 3pm.

Puppy Party



Just chilling out at the February Puppy Party.

The next one will be held on Wednesday 8th May at 7.00pm. Puppies of clients and non clients are welcome. All puppies must have completed their vaccination course.

Please phone reception (01502 578999) to book a place.

Southwold Lent Lectures 2019

The Last Enemy

What happens to me when I die? What does the Bible say about it? How does the church respond to it? How should we react to its inevitability in our own lives and how should we treat those who are facing death or bereavement? Not easy questions.

- 10 March Dying to Meet You? Old Testament Perspectives**
Dr Philip Johnston, University of Cambridge
- 17 March The God of the Living: Easter and Christian Hope**
Canon Dr John Parr, Ministry Formation Advisor, Diocese of St Edmundsbury and Ipswich
- 24 March Heaven, Hell, or Somewhere In Between? Where Do I Go When I Die?**
Professor Hugh Williamson, Emeritus Regius Professor of Hebrew, University of Oxford
- 31 March The Practicalities of Handling Death in the Modern Church**
The Revds Simon Pitcher, Charles Croll, and Christine Kennell, Southwold
- 7 April Care for the Dying and the Bereaved**
The Rev Sister Sharon Connell, Chaplain and Spiritual Care Co-ordinator, St Nicholas Hospice, Bury St Edmunds
- 14 April The Last Enemy Who Will Be Destroyed is Death**
The Rt Revd Dr Mike Harrison, Bishop of Dunwich

All Lectures will be at 6.00 p.m. on Sunday evenings in the United Reformed Church, High Street, Southwold

Wangford Community Council



Bumper Bric-a-Brac and Jumble Bonanza

Saturday 23rd March
Wangford Community Centre
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Ring Malcolm on 578701 or bring on the day.

Proceeds to Wangford Community Council

Once again I would like to thank all those who collect their one and two penny pieces (sometimes even little pieces of silver) to help with the electricity bill for the floodlighting of our church. With all peaceful thoughts for 2019.

Penelope

CHURCH SERVICES

Sunday 3rd March	Sunday before Lent
11.15 am Wangford	Eucharist (CW)
6.00 pm Uggheshall	Evening Prayer (BCP)
Wednesday 6th March	Ash Wednesday
7.00 pm Uggheshall	Team Eucharist (BCP)
Sunday 10th March	1st Sunday of Lent
11.15 am Wangford	Eucharist (CW)
6.00 pm Uggheshall	Evening Prayer (BCP)
Sunday 17th March	2nd Sunday of Lent
9.30 am Sotherton	Eucharist (CW)
11.15 am Wangford	Eucharist (CW)
6.00 pm Uggheshall	Evening Prayer (BCP)
Sunday March 24th	3rd Sunday of Lent
11.15 am Wangford	Eucharist (CW)
*4.00 pm Uggheshall	Eucharist (BCP)
	<i>*(Please note earlier time)</i>
Sunday March 31st	Mothering Sunday
11.15 am Wangford	Mothers' Day Service
6.00 pm Uggheshall	Evening Prayer (BCP)

DIRECTORY

Team Rector The Reverend Simon Pitcher 725424
 Team Vicar The Reverend Alan Perry 453624
 Team Admin Tania Birtwistle 724115

Parochial Church Council Secretaries

Wangford Vacancy
 Uggeshall Clare Bailey 578679
 Sotherton Karen Flaxman 01986 873123

Church Wardens

Wangford Jackie Casement 578992
 Uggeshall Colin Hill (Churchwarden Emeritus)
 Colonel Giles Crisp 578251
 Clare Bailey 578679
 Sotherton Gerard Walker 01986 874248
 Stephen Flaxman 01986 873123

Wangford Community Council

Vice-Chairman Malcolm Woolnough 578701
 Secretary Sue Hosking 578287

Wangford Community Centre

Chairman Malcolm Woolnough 578701
 Bookings Rachel Dade
 booking.wcc@outlook.com 578311

Caretaker Roy Hodgkins 07871 044120
 Secretary Sue Taylor 578408

Wangford Clubs

Book Club Gilliane Smith 578620

Parish Council Clerks

Wangford Jean Brown 675739
 Uggeshall Jean Brown 675739
 Sotherton Alison Cackett 01986 874442

Henham Steam Rally

Chair Helen Walker 07557 784927

Wangford Surgery 578257

Sole Bay Health Centre 722326

Wangford Veterinary Clinic 578999

Police Urgent 999 Non Urgent 101
 Crimestoppers 0800 555111

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DEADLINE: 11th day of Month preceding publication

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 THE VIEW OR POLICY OF THE EDITOR
 OR PUBLISHERS.

*"Keeping the
 Community informed"*

NOW ON THE WEB AT:
<http://wangfordwithhenham.onesuffolk.net>

MARCH 2019 CENTRE DIARY

1st March	Yoga	Hall	9.30-10.30am
2nd March	Wedding Prep Day	Hall	
4th March	Parent & Toddler	Hall	9.30am
4th March	Salsa	Hall	7.30-8.30pm
5th March	Body Conditioning	Hall	9.30-10.30am
5th March	Post Office	Bar	10.00am-12noon
5th March	Blythburgh Bowls	Hall	2.00-4.00pm
7th March	Wangford Art Group	Hall	9.30am
7th March	Post Office	Bar	1.00-3.00pm
7th March	Knitting Club	Cttee Room	2.30-4.00pm
7th March	Yoga	Hall	7.15-8.15pm
7th March	Book Club	Cttee Room	8.00pm
8th March	Yoga	Hall	9.30-10.30am
11th March	Parent & Toddler	Hall	9.30am
11th March	Salsa	Hall	7.30-8.30pm
12th March	Body Conditioning	Hall	9.30-10.30am
12th March	Post Office	Bar	10.00am-12noon
12th March	Blythburgh Bowls	Hall	7.00-9.30pm
12th March	Parish Council	Cttee Room	8.00pm
13th March	Wingers Singing Grp	Hall	10.30am-12.30pm
13th March	GHSR Meeting	Cttee Room	8.00pm
14th March	Wangford Art Group	Hall	9.30am
14th March	Post Office	Bar	1.00-3.00pm
14th March	Yoga	Hall	7.15-8.15pm
15th March	Yoga	Hall	9.30-10.30am
18th March	Parent & Toddler	Hall	9.30am
18th March	Salsa	Hall	7.30-8.30pm
19th March	Body Conditioning	Hall	9.30-10.30am
19th March	Post Office	bar	10.00am-12noon
19th March	Lunch Club	Hall	12.30pm
19th March	Blythburgh Bowls	Hall	7.00-9.00pm
20th March	Whist Drive	Bar	7.00pm
21st March	Wangford Art Group	Hall	9.30pm
21st March	Post Office	Bar	1.00-3.00pm
21st March	Yoga	Hall	7.15-8.15pm
22nd March	Yoga	Hall	9.30-10.30am
23rd March	Mens Breakfast Club	Bar	8.45-10.30am
23rd March	Bazaar	Hall	2.00pm
24th March	Private Hire	Hall	12.00-6.00pm
25th March	Parent & Toddler	Hall	9.30am
25th March	Salsa	Hall	7.30pm
25th March	Blyth Valley Labour	Cttee Room	8.00pm
26th March	Body Conditioning	Hall	9.30-10.30am
26th March	Post Office	Bar	10.00am-12noon
26th March	Coffee Morning	Hall	10.45am-12noon
26th March	Blythburgh Bowls	Hall	7.00-9.00pm
27th March	PCC Meeting	Cttee Room	9.30am
27th March	Artmakers East	Hall	10.00am-3.00pm
28th March	Wangford Art Group	Hall	9.30am
28th March	Post Office	Bar	1.00-3.00pm
28th March	Yoga	Hall	7.15-8.15pm
29th March	Yoga	Hall	9.30-10.30am
Barbers Next Visit - 3 April 2019			