

*"Keeping the Community informed"*

WANGFORD UGGESHALL SOTHERTON

# Messenger

PARISH MAGAZINE

EDITOR: SUE TAYLOR

VOLUME 17 NO. 8 MAY 2022



## Jubilee Outline



### Wangford and Henham

#### Thursday 2nd - Saturday 4th June

Exhibition at Wangford Church

Running daily from 11.00 am to 4.00pm,  
with free refreshments served 11.30am - 1.00pm, and 2.00 - 3.30pm.  
Coronation memorabilia and videos, village heritage photos,  
Art Group display, crafts and lots of flowers.

Pop-Up Book Club with Tea and Cake

Thursday 2nd June 2.00pm in Wangford Church.

Kids' Activities

Art Competition

Draw or paint 'A Picture Fit for a Queen'!

There are 3 age categories - up to 5 years, 6 - 11, and 12 - 16.

Make your own crown/coronet

Collect your blank crown or coronet from Wangford Village Store  
or Wangford Farm Shop from May 14th.

Make your own guardsman

Collect your guardsman kit from the Village Store or Farm Shop  
from May 14th and follow the instructions.

Decorate your house/garden/window

Enter into the celebratory spirit with Jubilee decorations.

#### Sunday 5th June

Open-Air Songs of Praise and The Big Picnic

From 11.15 am at the Community Centre and Playing Field.

Use the enclosed form to book your picnic place  
(we need numbers in case it rains and we have to move indoors!)  
and to order the Free Jubilee Mug for every child.



### Uggeshall

Thursday 2nd June  
Celebratory Service and  
Tree Planting  
St. Mary's Church from  
3.00pm

Sunday 5th June  
Jubilee Jamboree  
The Old School Hall  
2.00 - 5.30pm

### Sotherton

Wednesday 1st June  
Platinum Jubilee Party  
The Racehorse, Westhall  
5.00 - 9.00pm

**TURN TO PAGE 6  
FOR MORE  
DETAILED  
JUBILEE  
INFORMATION**

## WangfordHelp

If you need any help,  
simply call or email us.

Email:  
wangfordhelp@gmail.com  
Phone:  
07941 156508  
or  
01502 578408



## Wangford Post Office

Tuesdays  
from 10.00am - 12 noon  
Thursdays  
from 1.00 - 3.00pm

## Wangford Farm Shop

Monday - Saturday  
9.00am - 5.00pm  
Sunday CLOSED

## Mobile Library

The next visit is on  
Wednesday 11th May

10.10am at Millfields  
10.35am at Wangford  
Church.

## Missing



Newly homed - missing  
since March 16th. If you  
have taken her in and given  
her a home, thank you.  
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(anonymously if you prefer)  
that she is safe and happy -  
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# WHAT'S ON IN MAY

## Wangford Parent and Toddler Group

Mondays 9.30 - 11.30am Community Centre

## Body Conditioning

Tuesdays from 9.30 - 10.30am Community Centre

## Blythburgh Bowls (winter meetings)

Tuesdays from 2.00 - 4.00pm Community Centre

## Wangford Art Group

Thursdays from 9.30am to 12.30pm Community Centre

## Platinum Jubilee Planning Meetings

Tuesday 3rd, Wednesdays 18th and 25th May  
7.30pm Community Centre

## Book Club

Thursday 5th May 8.00pm Community Centre

## Community Garden Working Party

Friday 6th May 10.00 am Community Centre

## The Arts Society

Tuesday 10th May 2.00pm Southwold Arts Centre

## Wangford with Henham Parish Council

Tuesday 10th May 8.00pm Community Centre

## Mobile Library at Wangford

Wednesday 11th May

1010 - 1030 Community Centre 1035 - 1045 Church

## Uggeshall Coffee Morning

Thursday 12th May 10.30am Old School Hall

## Uggeshall Cinema

Thursday 12th May 7.00pm Old School Hall

## Wangford Church Coffee Morning

Wednesday 18th May 10.30 am - noon  
N.B. in Wangford Church

## Blyth Valley Labour

Monday 23rd May 7.30pm Community

## Afternoon Tea

Thursday 26th May 2.30pm Community Centre

## Wrentham Film Night

### The King's Speech

Oscar-winning drama based on a true story.  
Colin Firth plays the future King George VI,  
Helen Bonham Carter his wife,  
and Geoffrey Rush the eccentric speech therapist.

### Wrentham Village Hall

Saturday 28th May 6.45 for 7.30pm screening.  
Only £5, including refreshments. All are welcome.

## Food Bank

Thank you for all your support for The Sole Bay Foodbank.

Please bring your donations to John and Jan Collins house at 19 Lakeside Park Drive or phone 01502 725731 for collection.

There is also a basket for your donations at the foot of the font in Wangford Church.

## Wangford 100 Club 2022

Winners in the April  
Draw were

1. Edna Utting
2. Rachel Dade
3. Trevor Brock

## Wangford Vets

### Ukraine Appeal

Thanks to everyone for their amazing generosity in supporting the Ukraine Appeal. Donations from our wonderful clients and friends added up to a fantastic £1,430 and Walter matched that amount, making our total £2,860.

The money was shared equally between The Red Cross Ukraine Appeal and PETA Helping Animals in the Ukraine.

### Santa Paws Appeal 2021/22

Thank you to our kind and generous clients and friends. With your help we have been able to give donations of £250 to eight rescue charities, who care for a range of stray, abandoned, unwanted and injured animals, including wildlife.

The money was raised from our online remembrance/celebration tree, online charity auction and donations.



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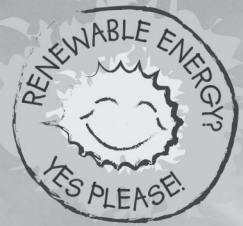
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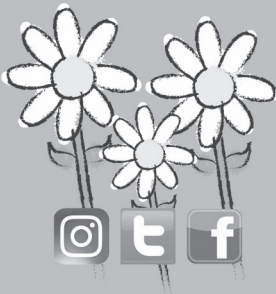
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## MORE JUBILEE INFORMATION

### Wangford in more detail

#### Pop-Up Book Club with Tea and Cake

Thursday 2nd June 2.00pm in Wangford Church.

Pick up your free copy of 'The Funny Thing about Norman Foreman' from the Book Exchange or 79 High Street from May 14th onwards and come along to give your opinion!

#### Kids' Activities

##### Art Competition

Bring your entry with your name and age on the back to Wangford Church on Saturday 4th June. All entries will be displayed at the Community Centre on Sunday 5th June, and prizes will be presented during the Big Picnic.

Make your own crown/coronet

Colour or decorate your blank crown or coronet and wear it at the Big Picnic.

Make your own guardsman

Follow the instructions inside your kit. Take your guardsman to 19 Norfolk Road before 31st May, or to Wangford Church on Wednesday 1st June and stand him in front of Buckingham Palace!

#### On the Big Day Sunday 5th

At the Community Centre and Playing Field.

Open-Air Songs of Praise 11.15 am

Community Garden Opening 12.15 pm

The Big Picnic 12.30 pm onwards

Bring your own picnic food and drink, and some extra to swap/share if you like. You'll need your picnic rug and chairs - but please phone Sue on 578408 if you can't and will need us to provide chairs and tables for you.

Sadly we can't provide a licensed bar, so bring your own alcohol. However, there'll be free tea and coffee available, and every child will have a free soft drink and, later on, a free ice cream.

From 1.30 pm there'll be dancing, games and sports.

Bring your trainers and be ready to join in! You can sign up for tug-of-war and other games on the day. Look out for the posters with more information.

### Calling all Uggeshall residents!

You are invited to a

#### Jubilee Jamboree

on Sunday 5<sup>th</sup> June 2 - 5.30pm

Come and enjoy a (free) BBQ, live music and a toast to celebrate Her Majesty's Platinum Jubilee!

For catering purposes, this will be a ticket only event. Please look out for flyers and notices on the village boards for more details.

It is also hoped that you will enter into the spirit of the occasion by decorating your gateways/drives/doorways.



### Jubilee Celebratory Service and Tree Planting

St. Mary's Church, Uggeshall

Thursday 2<sup>nd</sup> June 2022

Service 3.00pm followed by  
Tree Planting and Refreshments.

To celebrate Her Majesty's Platinum Jubilee, there will be a short service at St Mary's followed by a commemorative tree planting in the churchyard, accompanied by cake, tea, coffee or Prosecco.



All are welcome to this event - if you are unable to attend the short service do come along to the tree planting ceremony afterwards.

### Platinum Jubilee Party

#### Blyford and Sotherton Parish Council

Request The Pleasure of The Company of All Parishioners at a free dinner with Sotherton's finest beef at The Racehorse, Westhall on Wednesday 1<sup>st</sup> June 5 - 9pm

RSVP by booking your free ticket at

<https://www.eventbrite.co.uk/e/sotherton-blyford-parish-jubilee-party-tickets-311104179977>

or on Facebook at:

Blyford & Sotherton Parish Council

or via the Parish Clerk on 07796 644977

(10.00am - 12 noon Monday - Friday)

If you wish to bring guests who are not resident, tickets are available for £15 adult / £5 child.

More information from

Barry Martin - fred.freda1979@gmail.com

Rosemary Parry - rosemary.parry2@btinternet.com

Gerard Walker - gaw6001@gmail.com

### Suffolk Rusks

8 oz self-raising flour, 3 oz block (not soft tub) margarine  
1 oz lard (Trex or similar if vegetarian), a pinch of salt and  
1 egg beaten with a little milk and water.

Sift flour and salt into a bowl. Rub in fats until it resembles breadcrumbs. Add the beaten egg and milk/water to form a dough similar to pastry. Roll out mixture to about 1 inch thick, and cut into circles. Place on baking sheet and cook 10-12 minutes, gas mark 7, electric 220 (reduce for fan oven)

Take out of the oven, split in half and return to oven to dry out at gas mark 2, electric 150 (lower for fan oven) for 5-10 minutes. Delicious spread with butter and served with cheese and chutney.

## News from Uggeshall

### Uggeshall Coffee Morning

This month we meet on Thursday 12th from 10.30am in the Old School Hall. Everybody's welcome.

### Uggeshall Cinema

May's film on Thursday 12th at the Old School Hall is *The Keeper*, which tells the incredible true story of Bert Trautmann (David Kross), a German soldier and prisoner of war who, against a backdrop of British post-war protest and prejudice, secures the position of goalkeeper at Manchester City, and in doing so becomes a footballing icon. Doors open at 7.00 for 7.15 pm.

### Uggeshall Country Teas

The Uggeshall Teas will be taking place for one weekend only this year, on the 30th and 31st July from 1pm - 5pm.

A traditional afternoon tea in a beautiful Suffolk garden, friendly and familiar faces to chat with and a huge array of bric-a-brac and books to sift through - what's not to love?

Put the date in your diary - we'd love to see you!

## Book Club

At our April meeting we discussed Kate Atkinson's "Transcription". There was a huge cast of characters who were often difficult to follow. The narrative was full of intrigue and humour. We came to understand the tedium of transcribing conversations and sounds to extract meaning and intention. The story centred around Juliet who at 18 was recruited to MI5 during World War II. She was an orphan and had not completed all schooling but she was observant and quite good at disappearing into the background. The narrative was anachronistic - opening with Juliet being hit by a vehicle and then unfolding the events which led to that incident. We discussed whether Juliet's death was accidental or deliberate - she had only just returned to the UK from living abroad. We also agreed there was a confusing mix of jobs, people and ideas which made us question what was true. We discussed whether Juliet was a traitor. There was a lot of waiting around which Juliet found tedious and she could not be sure of those around her and where she fitted in. Most came from public school, Cambridge, BBC and were then recruited into MI5. One reader interpreted the narrative as commenting on the Cambridge five Soviet spies who began operating in the 1930s, noting the parallels between Juliet and these men. When Juliet became aware she turned the tables - what she saw corrupted her and she took her own revenge. Much to discuss and a very interesting book.

We next meet on Thursday 5th May at the Community Centre at 8pm.

*Gill Smith 578620*

## MAY'S TEAM LETTER

Dear Friends,

### The Christian Healing Ministry

What do we think it means to be well, or healthy? The World Health Organisation's definition reads: "Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity". As Christians, we need to consider how our health affects our relationships, with one another and in our communities; our relationship with the world and our environment; and our relationship with God. Before we even start to think about healing of our minds and bodies, we should consider our deepest need, which is for meaning and forgiveness through a restored relationship with our creator God, who loves us.

What is Christian Healing? The Old Testament idea of 'Shalom' conveys the idea of harmony not just within our mind and body, but with God, with one another, and with our world. It gives a sense of total wellbeing. In the New Testament, Jesus gives us a fresh understanding of God's healing touch. He sought not just people's physical healing, but to restore people's relationship with God and with others.

Christian healing is not an alternative to the essential and wonderful work done by our doctors and nurses, it supports and complements it. In the strength of God, we can have a sense of wellbeing even when we face physical illness or disability. In addition, doctors are increasingly aware that when people have a sense of wholeness and wellbeing it benefits their physical health.

In his Epistle, St. James encourages those who are suffering to avail themselves of the Church's healing ministry: anointing with holy oil, accompanied by prayer. Many people have been used by God in the healing ministry, to minister His Grace, His healing touch, His soothing anointing. Christian healing is Jesus Christ meeting you at your point of need.

Christian Healing is defined in the Church of England document 'A Time to Heal' as "progress towards health and wholeness. The process through which the individual develops a state of well-being, in harmony with God, with others and with the environment." It involves reconciliation and the restoration of our relationships with God. Jesus, through the cross, brings us back to wholeness of body, mind and spirit.

Covid permitting, it is hoped that midweek healing services (location, time, and frequency to be confirmed) will be resumed later in the year.

With every Blessing,

*Fr. Stephen*

## Community Garden Working Party

The next two working parties are on Friday 6th May and Wednesday 1st June from 10.00 am to 12 noon to ensure the garden is looking its best for the Jubilee weekend celebrations. Please bring your own gloves and hand forks/trowels if you have them.



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# ABRAHAM

The great and the good of Aldeburgh are up in arms about the proposal by Scottish Power to lay cables from offshore wind turbines to transport electricity to a substation "close to the 6th-century Anglo-Saxon cemetery and home of Benjamin Britten's Snape Maltings Concert Hall", thus desecrating the area. Apparently a letter was sent to The Times condemning this dastardly deed signed by 17 celebrities. Off we go again. A bunch of no-doubt wealthy second-homers protecting their assets against the greater good. What is more important, the protection of a small area of the environment or the provision of a facility to mitigate climate change by introducing much needed renewable energy? The discomfort of spoiling one's view, slightly lowering the tone of the neighbourhood or, more dubiously, reducing the value of one's house is a small price to pay to save the planet. What is dressed up as dreaded harm to the environment is a disguise to hide the fact that these nimbies only wish to ensure that their properties and comfortable rural lifestyle are not threatened. In this collective society we need to adopt the bigger picture and cater for the majority instead of the pampered selfish few.

Middlesex University, we read, is closing its real tennis court 26 years after it was built, suggesting that it is no longer needed. Not so, say the Tennis and Rackets Association. Whatever, I am here to tell you that there stands a wee town called Falkland situated 3 miles south of Auchtermuchty (look, I can't help it). A beautiful, just this side of twee, place, the first designated Conservation Area in Scotland, at least half of one side of the main street is taken up by a magnificent inhabited Royal palace, which contains within its gardens the world's oldest working real tennis court. Unlike the easily understood rules of lawn tennis, to play the real version you will need to possess a degree in advanced mathematics. But do, when you're up in the kingdom, bypass the barbarians and visit Falkland. You will not be disappointed. No payment was requested or received for this commercial.

'Trigger warnings' are the latest piece of nonsense advising you that almost all forms of fictional literature may offend and, therefore, you should be warned. One university has stated that Harry Potter and the Philosopher's Stone could "lead to some difficult conversations about gender, race, sexuality, class and identity". Silly me, thinking it was intended to entertain children for about three hours (and adults too, apparently). What kind of morons do these people think we are? So, off my thoughts wandered to the possibility of extending this spurious form of advice to public houses like, say, the wee Angel. WARNING, this establishment may contain customers likely to be harmful to your sensitivities, to wit - Scotsman hailing from some unpronounceable town burbling on about 'The Auld Grey Toun', and such delights as 'mince and tatties'. Good food guaranteed to affect your waistline, alcoholic beverages likely to make you wobble, and attractive bar staff certain to raise your blood pressure. It's just a matter of time.

*If I had my life to live over, I would start barefoot earlier in the spring and stay that way later in the fall. I would go to more dances. I would ride more merry-go-rounds. I would pick more daisies. (Nadine Stair)*

*Abraham*

## CHURCH SERVICES

Sunday 1st May		3rd Sunday of Easter
11.15 am	Wangford	Holy Communion (CW)
6.00 pm	Uggeshall	Evening Prayer (BCP)
Sunday 8th May		4th Sunday of Easter
11.15 am	Wangford	Holy Communion (CW)
6.00 pm	Uggeshall	Evening Prayer (BCP)
Sunday 15th May		5th Sunday of Easter
9.30am	Sotherton	Holy Communion (CW)
11.15 am	Wangford	Holy Communion (CW)
6.00 pm	Uggeshall	Evening Prayer (BCP)
Sunday 22nd May		6th Sunday of Easter
11.15 am	Wangford	Morning Prayer
6.00 pm	Uggeshall	Holy Communion (BCP)
Sunday 29th May		7th Sunday of Easter
11.00 am	Southwold	Jubilee Team/Civic Songs of Praise
6.00 pm	Uggeshall	Evening Prayer (BCP)

All services from St Margaret's, Reydon are live-streamed via YouTube.

## News from Wangford Church

We hope that everybody enjoyed the Easter break and the lovely weather that went with it this year. It was lovely to see the church so full on Easter Sunday, and we look forward to welcoming everybody again during the summer.

Last month saw the church APCM and I am pleased to report that Jeff Bridges was elected as Churchwarden alongside myself, and Susie Bengel was elected as a new member of the PCC.

Plans are still progressing regarding the involvement of the church in the Platinum Jubilee celebrations in June and more information will be posted on the church notice boards and in the Messenger closer to the time.

Reverend Alan is now on his well-earned sabbatical and we are very grateful for everybody who will be taking services at church during his absence. We all look forward to Alan returning in the summer very refreshed and relaxed.

*Mark Notton, Churchwarden (578691)*

# DIRECTORY

Team Rector The Reverend Simon Pitcher 725424  
 Team Vicar The Reverend Alan Perry 453624  
 Team Admin Tania Birtwistle 724115

## Parochial Church Council Secretaries

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 Uggheshall Clare Bailey 578679  
 Sotherton Karen Flaxman 01986 873123

## Church Wardens

Wangford Mark Notton 578691  
 Jeff Bridges 578208

Uggheshall Colin Hill (Churchwarden Emeritus)  
 Colonel Giles Crisp 578251  
 Clare Bailey 578679

Sotherton Gerard Walker 01986 874248  
 Stephen Flaxman 01986 873123

## Wangford Community Council

Vice-Chairman Malcolm Woolnough 578701  
 Secretary Sue Hosking 578287

## Wangford Community Centre

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 Secretary Sue Taylor 578408

Uggheshall Old School Hall  
 Bookings Denise Baker 578190

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Wangford Jean Brown 675739  
 Uggheshall Jean Brown 675739  
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Chair Helen Walker 07557 784927

Wangford Surgery 578257

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Wangford Veterinary Clinic 578999

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 Community informed"*

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## MAY 2022 CENTRE DIARY

3rd May	Body Conditioning	Hall	9.30-10.30am
	Post Office	Bar	10.00-12noon
	Blythburgh Bowls	Hall	2.00-4.00pm
	Jubilee Meeting	Cttee Room	7.30pm
4th May	Salsa	Hall	7.30-8.30pm
5th May	Wangford Art Group	Hall	9.30-12.30pm
	Post Office	Bar	1.00-3.00pm
	Yoga	Hall	6.30-7.30pm
	Book Club	Hall	8.00pm
7th May	Private Hire		All Day
9th May	Toddlers	Hall	9.30-11.30am
10th May	Body Conditioning	Hall	9.30-10.30am
	Post Office	Bar	10.00-12noon
	Blythburgh Bowls	Hall	2.00-4.00pm
	Parish Council	Cttee Room	8.00pm
11th May	Salsa	Hall	7.30-8.30pm
12th May	Wangford Art Group	Hall	9.30-12.30pm
	Post Office	Bar	1.00-3.00pm
	Yoga	Hall	6.30-7.30pm
16th May	Toddlers	Hall	9.30-11.30am
17th May	Body Conditioning	Hall	9.30-10.30am
	Post Office	Bar	10.00-12noon
	Blythburgh Bowls	Hall	2.00-4.00pm
18th May	Artmarkers East	Hall	10.00-3.00pm
	Steam Rally Meeting	Hall	8.00-9.30pm
	Salsa	Cttee Room	7.30-8.30pm
	Jubilee Meeting	Bar	7.30pm
19th May	Wangford Art Group	Hall	9.30-12.30pm
	Post Office	Bar	1.00-3.00pm
	Yoga	Hall	6.30-7.30pm
22nd May	Private Hire		11.00-5.00pm
23rd May	Toddlers	Hall	9.30-11.30am
	Blyth Valley Labour	Cttee Room	7.30-9.30pm
24th May	Body Conditioning	Hall	9.30-10.30am
	Post Office	Bar	10.00-12noon
	Blythburgh Bowls	Hall	2.00-4.00pm
25th May	Salsa	Hall	7.30-8.30pm
	Jubilee Meeting	Cttee Room	7.30pm
26th May	Wangford Art Group	Hall	9.30-12.30pm
	Afternoon Tea	Hall	2.30-4.30pm
	Post Office	Bar	1.00-3.00pm
	Yoga	Hall	6.30-7.30pm
30th May	Toddlers	Hall	9.30-11.30am
31st May	Body Conditioning	Hall	9.30-10.30am
	Post Office	Bar	10.00-12noon
	Blythburgh Bowls	Hall	2.00-4.00pm