

“Keeping
the Community
informed”

FREE ISSUE

WANGFORD UGGESHALL SOTHERTON

Messenger

PARISH MAGAZINE

EDITOR: SUE TAYLOR

VOLUME 18 NO. 8 MAY 2023

Celebrating the Coronation in
WANGFORD & HENHAM

Join in the
The Big Help Out

Bank Holiday Monday 8th May
9.50 am to 12-ish

Celebrate the coronation by tackling some of those small jobs that need doing around the village.

If you haven't yet offered to volunteer, and don't belong to a regular group like the Community Gardeners, just turn up at the Community Centre at 9.50 am to be allocated to a team.

To volunteer for a specific task, or to offer to bake or wait at table, let Sue Taylor know on 578408 or at suethemusic@gmail.com

and afterwards, claim your reward

Enjoy The Big Lunch at 12.30 in the Community Centre.
Tea, coffee, sandwiches, scones, sausage rolls and cake will be provided. Feel free to bring your own drinks and nibbles.
So we know how many to cater for, you need to ring or email Sue (details above) to let us know that you're coming


Celebrating the Coronation in
WANGFORD & HENHAM

Events at Wangford Church

Exhibition of photos
Wangford activities and volunteering past and present.
29th April – end of July
Open daily from 9.00am to 6.00pm

Flower displays
Celebrating aspects of King Charles's life and work
4th May – 18th May
Open daily from 9.00am to 6.00pm

Coronation Songs of Praise
Hymns and readings to celebrate the Coronation
Sunday 7th May 11.15 am
– with celebratory refreshments afterwards



The Big Lunch - Wangford Community Centre - Monday 8th May from 12.30pm

This buffet is primarily for Afternoon Tea members and for those who volunteer anywhere (not just in Wangford/Henham), either on Coronation Bank Holiday Monday, 8th May, or at any other time during the year. If you're a volunteer who isn't working on that day but would like to join us, you must contact Sue on 578408, or email suethemusic@gmail.com to ensure you're catered for.

Everyone else can still come along, but you will need to bring your own food, which you may choose to share/swap with others. Tea/coffee/soft drinks will be provided free of charge. However, please let Sue know you're coming by ringing 578408 or via email to suethemusic@gmail.com

Food Bank

Items for the Food Bank can be left in the basket at the foot of the font in Wangford Church from where they will be collected and taken to John and Jan Collins at 19 Lakeside Park Drive on Friday morning.

If anyone is aware of someone in need who would benefit from a food parcel, please encourage them to contact Lowestoft Foodbank on 07307 866146 or email info@lowestoft.foodbank.org.uk

Wangford 100 Club 2023

Winners in the April

Draw were

1. Andy Atherton
2. Jackie Casement
3. Roy Hodgkins



Flags, Bunting and Gardens

Don't forget to decorate your houses and gardens

Coronation Mugs



Free mugs for children 16 years and under will be available at the Big Lunch.

If you can't make the Lunch, contact Sue on 578408 or email suethemusic@gmail.com to reserve one for your child.

WHAT'S ON IN MAY

Wangford Parent and Toddler Group

Mondays 9.30 - 11.30am Community Centre

Body Conditioning

Tuesdays from 9.30 - 10.30am Community Centre

Salsa

Wednesdays from 7.30 to 8.30pm Community Centre

Wangford Art Group

Thursdays from 9.30am to 12.30pm Community Centre

Yoga

Thursdays from 6.30 to 7.30pm Community Centre

Accessible Ceilidh Class

Tuesdays 2nd and 16th May 7.00pm Community Centre

The Big Coronation Help Out

Monday 8th May from 9.50am Community Centre

The Big Coronation Lunch

Monday 8th May from 12.30pm Community Centre

The Arts Society

Tuesday 9th May 2.00pm Southwold Arts Centre

Wangford with Henham Parish Council APM

Tuesday 9th May 7.30pm Community Centre

Mobile Library at Wangford

Wednesday 10th May

1010 - 1030am Community Centre

1035 - 1045am Church

Uggeshall Coffee Morning

Thursday 11th May 10.30am Old School Hall

Uggeshall Cinema

Thursday 11th May 7.00pm Old School Hall

Book Club

Thursday 11th May 8.00pm Community Centre

Wangford Men's Breakfast

Saturday 20th May 8.45am The Angel Inn

Wangford Church Coffee Morning

Wednesday 17th May 10.30am - noon

Wangford St Peter and St Paul APCM

Sunday 14th May 12noon at the church

Afternoon Tea

Thursday 25th May 2.30pm Community Centre

Blyth Valley Labour

Monday 22nd May 7.30pm Community Centre

WangfordHelp

If you need any help, simply call or email us.

Email:

wangfordhelp@gmail.com

Phone:

07941 156508

or 01502 578408

Wangford Village Store

Monday to Saturday
8.00am - 6.00pm

Sunday 8.00am - 4.00pm



Wangford Post Office

Tuesdays

from 10.00am - 12 noon

Thursdays

from 1.00 - 3.00pm

Community Centre

Please note:

We will be open on

Election Day,

Thursday 4th May.

Wangford Farm Shop

Monday - Saturday
9.00am - 5.00pm

Sunday CLOSED

Wrentham Village Hall Film Night

MRS HARRIS GOES TO PARIS

Saturday 27 May

2022 feel-good comedy set in the 1950s. A widowed cleaning lady becomes obsessed with one client's Dior dress, inspiring her to travel to Paris to buy her own. Stars Lesley Manville. (Cert PG) Doors open 6.45pm, film screens 7.30pm.

Only £5 on the door including refreshments. All welcome.





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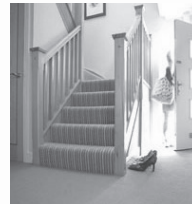
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MAY'S TEAM LETTER

May - a month where nature is full of blossom, birds nesting, everything is greening up, and we are elated after celebrating Christ's resurrection. This year while May has the festivals of the Ascension and Pentecost, in the UK we have a very rare cause of national celebration in the Coronation of King Charles III. Across our land bells will ring out, there will be tea parties, village get-togethers, special music written and performed, church services, concerts and volunteering opportunities. Southwold and Reydon Choral have been busy rehearsing for a Coronation Concert at St Felix Chapel on 9th June. Do come along.

On 6th May I shall be officiating at a wedding in Blythburgh, planned long before the death of Queen Elizabeth and the announcement of the Coronation date. So this happy couple and their guests will have a double cause for celebration. Our bell ringers are ringing for them and then following on with a special peal for the Coronation.

For the last 900 years coronations have taken place at Westminster Abbey, the service usually being conducted by the Archbishop of Canterbury, whose task this has been since the Norman Conquest. The Chrism oil which will be used to anoint His Majesty was consecrated in Jerusalem at The Church of the Holy Sepulchre. The oil was made from olives from two groves on the Mount of Olives, at the Monastery of Mary Magdalene and the Monastery of the Ascension. The Monastery of Mary Magdalene is the burial place of His Majesty's grandmother, Princess Alice of Greece. The oil has been perfumed with essential oils - sesame, rose, jasmine, cinnamon, neroli, benzoin and amber - as well as orange blossom. It should give a beautiful aroma.

When the Queen was crowned on 2nd June 1953 in Westminster Abbey it was a sacramental act. Her coronation was televised but one part was considered so sacred it was not shown: her ceremonial robes were removed and she knelt down in a simple white dress and was anointed with Holy Oils. The Holy Spirit was invoked to give her the wisdom, strength and perseverance to take on this awesome role. It was a kind of ordination, a setting apart for a specific holy role. I wonder what differences there shall be in King Charles Coronation service.

Let us pray for and rejoice with our new King Charles III and Queen Camilla and all the Royal Family as they continue to serve the people of this land. Have a wonderful Coronation weekend. Long live the King and Queen!

Revd Margaret

Wangford Mens' Breakfast

Several new faces joined us in April for a thoroughly interesting talk about the history, pitfalls and successes of the Great Henham Steam Rally. Their enthusiastic Chair, Helen Walker, delighted all with views past and present of this noble local event. All was rounded off with an excellent Angel Inn breakfast.

Next month on the 20th May John Collins, coordinator for The Sole Bay Food Bank, will talk about this worthy service to our community.

We meet 8.45 for 9.00 every third Saturday at the Angel Inn, High Street, Wangford.

All are welcome. Contact johnscholes@hotmail.com

Book Exchange Vandalism

It is very disappointing that, for a second time, books and signs have been vandalised. Pages have been ripped out of books and book covers crumpled. The signs have been torn down and left in the exchange. On a previous occasion the book pages were found burnt in the children's play area. This could have resulted in serious damage to the play equipment and surfaces.

This is a very well-used and appreciated free book exchange and it would be a real shame if it had to be closed down due to petty vandalism. Please could we ask that everyone keeps an eye on this facility, and reports any suspicious behaviour or vandalism to the Parish Clerk at wangfordwithhenham.pc@googlemail.com or to the Police on 101.

Thank you for your help in this matter.

News from Wangford Church

April saw a wealth of Easter services in Holy Week across our team. I must give a special mention to a very powerful and moving Tenebrae service on Maundy Thursday hosted by our friends at Holy Trinity Church in Blythburgh. The music, readings and poetry gave the perfect opportunity to reflect on such an important time in the Christian calendar.

Easter Sunday saw our own celebrations here in Wangford, which were very well attended. The church looked as lovely as ever, so many thanks to all the cleaners and helpers who keep the church in great condition and open each day for people to visit. Also, a huge thank you to Wendy Hawkes for the flowers and the extraordinary Easter Garden which looked so impressive as you entered the church.

Looking forward to May, we have our Songs of Praise service on Sunday May 7th to celebrate the Coronation of King Charles III. Please do join us at 11.15 for this special service.

The church is also hosting an exhibition of photos and flowers to celebrate the Coronation, so even if you can't make the service on May 7th, there will still be an opportunity to visit and look at the displays.

Our Annual Vestry and Parochial Church Meetings will take place at 12 noon on Sunday May 14th in the North Aisle after the (shorter) morning service. This is the church's AGM, where the churchwardens and Parochial Church Council are elected. Anyone who is on the electoral roll of the church can attend and vote. If you would like to join the electoral roll, forms are available at the rear of the church; the closing date for registration is 7th May.

The monthly church coffee morning is on Wednesday 17th May at 10.30 and everybody is welcome. There's tea and coffee and plenty of cake, as well as a raffle and the monthly draw for the 100 Club. If you haven't been before, please do consider coming along.

Mark Notton, Churchwarden (578691)

News from Uggheshall

Uggheshall Coffee Morning

May's Coffee Morning is on Thursday 11th from 10.30am in the Old School Hall. Everybody's welcome.

Uggheshall Cinema

The film on 11th May will be 'Starter for 10'. A coming-of-age comedy drama set in the mid-1980s, starring James McAvoy as working-class Essex boy Brian Jackson, who navigates his way through his first year at Bristol University and struggles to achieve his long-held ambition to appear on the TV quiz show University Challenge. Doors open at 7.00 for 7.15 pm

Matt Grady

Annual Group Parish Council Meeting

Tuesday 2nd May at Frostenden Village Hall at 7.30pm



Coronation Celebrations



Friday 5th May at the Old School Hall
Celebration Party from 6.30pm (pre-booked only)

Sunday 7th May at St. Mary's
Tree Planting in the churchyard at 5.45pm
Celebration Service at 6.00pm

News from Sotherton

Last chance to book for the Coronation Party!

Monday 8th May at The Queen's Head, Blyford
Booking closes Monday 1st May

www.eventbrite.com/e/sotherton-blyford-coronation-dinner-at-the-queens-head-tickets-597611922347
or email clerkblyfordandsothertonpc@gmail.com

St Andrew's Church

Do join us for our next service of Holy Communion on
Sunday 21st May at 9.30 am.

Wangford with Henham Parish Council

Annual Parish Meeting 2023

This will take place on Tuesday 9th May at 7.30pm in Wangford Community Centre.

Multi-Use Games Area (MUGA)

Don't forget to let the Parish Council know your views about the MUGA, either before or at the meeting on 9th May. The options are:

- to repair the damaged timber fencing around the perimeter and restrain, at an estimated cost of about £3,500;
- to completely replace the fencing at an estimated cost of about £12,000+ (material costs are rising all the time);
- to keep it closed for the time being and not carry out any repair.

Speak to any Parish Councillor or email our Clerk: Greg Radcliffe at wangfordwithhenham.pc@googlemail.com

Sue Mary Bengé RIP

A large congregation gathered in Wangford Church on Tuesday 4th April for the service to celebrate Susie's life. Her death on 5th March at the age of only 64 after a sudden serious illness came as a great shock to everyone.

Susie moved to Wangford from Barnet, North London in 2020 during the pandemic. She immediately built friendships within the church and village, and with people who had similar interests, including singing in a number of choirs and being part of the Women's Fellowship. She took on the role of church Safeguarding Officer with enthusiasm, and always ensured there were refreshments at PCC meetings. She loved living in Wangford, being part of the village, the view of the church from her cottage where she lived with her beloved cat Alfie Button, and the proximity to the sea.

Susie had a positive impact on the lives of many people. Her caring qualities were demonstrated by her many years as a social worker, helping children and families with learning disabilities, and more recently as a volunteer with the Samaritans, as well as volunteering at a local hospice and other charity work.

She was cheerful, enthusiastic, generous and empathetic, with a good sense of humour, and was always the first to step forward to help anyone in need.

Family life was very important to Susie, and she had four children - Holly, Matthew, Peter and Rosie - and was an older sister to Beverly and David, as well being grandma to Mala and Verity.

The large congregation and a choir formed from her chorister and clergy friends was testament to the number and strength of the friendships she formed over just a short time in Suffolk. Donations in Susie's memory were invited for the Samaritans via the Much Loved site to be found via www.rosedalefuneralhome.co.uk

Her coffin left the church as the choir sang a setting of the Prayer of St. Francis of Assisi, which perfectly encapsulated her life and work:

Make me a channel of your peace.
Where there is hatred, let me bring your love.
Where there is injury, your pardon, Lord,
and where there's doubt, true faith in you.

O master, grant that I may never seek
so much to be consoled as to console,
to be understood as to understand,
to be loved as to love with all my soul.

Make me a channel of your peace.
Where there's despair in life, let me bring hope.
Where there is darkness, only light,
and where there's sadness, ever joy.

Make me a channel of your peace.
It is in pardoning that we are pardoned.
In giving of ourselves that we receive,
and in dying that we're born to eternal life.

Sebastian Temple

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ABRAHAM

For all I know Gary Lineker may well be an amiable friend and pleasant company. From being a reasonable footballer to making a career as a presenter and crisp seller is to be admired. Whether or not he is worth £1.35 million a year is doubtful, and after you add his income from advertising crisps, it means that he is trousering a shed-load of dosh. And he is entitled to his opinions other than footballing ones. But who is interested in his views on the state of the nation? Scarcely anyone, I would vouch. There are probably many more ex-footballers out there who could do the job as well as Lineker and at much less cost. Of course, the real villains of the piece are the BBC who capitulate when those who earn over-inflated salaries throw a hissy fit, but who at the same time intend to axe the famed BBC Singers (*now apparently reprieved*) - which indicates that their managers know the price of everything and the value of nothing. Just another botchup by dear old Auntie.

I may have given the impression now and then that I am a technophobic Luddite with my occasional rants about iphone thingies, or whatever they're called. I dare say that if I had a use for one I would acquire such a device, but I cannot believe that their fixation in public buildings and places is entirely necessary. Don't people go to restaurants, pubs, galleries, museums etc. to relax, converse and escape from the pressures of society? I bring this subject up because I read that so many local authorities are dispensing with pay and display parking machines, meaning that if you do not have a smartphone you will not be able to park without incurring a financial penalty. If you are an older person who is reliant upon your vehicle for getting around and do not own a smartphone, you will have no legal means of parking it.

A few more books from the shelves...A Life of John Buchan 'Beyond The Thirty Nine Steps' by granddaughter Ursula Buchan, herself a noted writer. A doorstopper, this is a book Buchan deserved. Best known for his spy novel The Thirty Nine Steps the man was a veritable industry. He wrote about a hundred books and a thousand articles for newspapers and magazines. (When at Oxford, he was estimated to be the richest student because of his earnings from his writings) We have two more non-fiction downstairs, including The Kirk in Scotland and forty-two of his fiction upstairs. After the publication of The Thirty Nine Steps he stated that his life was never the same again. A scholar, antiquarian, barrister, colonial administrator, journal editor, literary critic, publisher, war correspondent, director of wartime propaganda and member of parliament, Governor-General of Canada, given a state funeral. When, I ask, did he ever find time to sleep?

Mary Brunton - The Forgotten Scottish Novelist (1778-1818), born in Orkney, she died too young to fulfil her true potential; John Bunyan - I love The Pilgrim's Progress; Robert Burns, only four books about the great Scot, again died too early; Truman Capote, probably best known for his novella, Breakfast at Tiffany's, successfully filmed; Lewis Carroll - what's to say about this mathematical scholar and genius? And how did this creep in? - We'll always have Casablanca - Story of the movie. If you loved the film, (and who doesn't?) you'll love the book; Raymond Chandler (two volumes), enough said, as is also Agatha Christie; and Slowhand - The Life and Music of Eric Clapton.

Abraham

Book Club

At our April meeting we discussed Mitch Albom's "The Magic Strings of Frankie Presto". Generally, we all thought this book was excellent. It was very well written and the characters were likable. The narrative began with the death of Frankie Presto - who was a famous musician. The narrator was non-human and referred to itself as a "talent" which we came to see as music. The talent was all-seeing and all-knowing and selected those to be blessed (or cursed) with his gift of music. The technique was different to anything we had read before. The narrative was well signposted with dates and events. Mixed into the story were reflections from well-known musicians through time. There were also many links to biblical stories and mythology. We liked the genre of magic realism and the possibilities that it brings. Music was used as the structure and its terms embedded in the narrative. The talent spoke of musical bands as being human relationships, and that music followed us throughout our lives and was there at all the important occasions. We came to see music pushed Frankie and that it was often at the expense of human relationships. He did return to his native Spain towards the end of the story and came to see that El Maestro - his first teacher - was his father and so the circle of his life became complete. The daughter that he and his wife acquired became an equally talented musician. We wondered where her story begins and ends. Definitely a book we would recommend and it generated a lot of discussion. We liked the idea that you may forget many things in your life but not music.

We next meet on Thursday 11th May at 8.00pm in the community centre to discuss Merlin Sheldrake's "Entangled Lives".

Gill Smith 578620

CHURCH SERVICES	Sunday 7th May	5th Sunday of Easter
	11.15 am	Wangford Coronation Songs of Praise
	6.00 pm	Uggeshall Coronation Thanksgiving
	Sunday 14th May	6th Sunday of Easter
	11.15 am	Wangford Holy Communion (CW)
	6.00 pm	Uggeshall Evening Prayer (BCP)
	Thursday 18th May	Ascension Day
	7.00pm	Walberswick Ascension Day service
	Sunday 21st May	7th Sunday of Easter
	9.30 am	Sotherton Holy Communion (CW)
	11.15 am	Wangford Holy Communion (CW)
	6.00 pm	Uggeshall Evening Prayer (BCP)
	Sunday 28th May	Pentecost
	11.15 am	Wangford Morning Prayer
	6.00 pm	Uggeshall Holy Communion (BCP)

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OR PUBLISHERS.

*"Keeping the
Community informed"*

MAY 2023 CENTRE DIARY

2nd May	Body Conditioning	Hall	9.30-10.30am
	Post Office	Bar	10.00-12noon
	Ceilidh Class	Hall	7.00-9.00pm
4th May	Elections	Hall	7.00am-
	Post Office	Bar	10.00-12noon
8th May	The Big Lunch	Hall	12.30pm
9th May	Body Conditioning	Hall	9.30-10.30am
	Post Office	Bar	10.00-12noon
	Parish Council	Cttee Room	7.30pm
10th May	Salsa	Hall	7.30 - 8.30pm
11th May	Wangford Art Group	Hall	9.30-12.30pm
	Post Office	Bar	1.00-3.00pm
	Yoga	Hall	6.30 -7.30pm
	Book Club	Cttee Room	8.00pm
12th May	Private Hire	Hall	10.30 - 12.30pm
15th May	Toddlers	Hall	9.30 - 11.30am
16th May	Body Conditioning	Hall	9.30-10.30am
	Post Office	Bar	10.00-12noon
	Ceilidh Class	Hall	7.00-9.00pm
17th May	Salsa	Hall	7.30-8.30pm
	GHSR	Bar	7.30-9.30 pm
18th May	Wangford Art Group	Hall	9.30-12.30pm
	Post Office	Bar	1.00- 3.00pm
	Yoga	Hall	6.30-7.30pm
22nd May	Toddlers	Hall	9.30-11.30am
	Blyth Valley Labour	Cttee Room	7.30 - 9.30pm
23rd May	Body Conditioning	Hall	9.30-10.30am
	Post Office	Bar	10.00-12noon
24th May	Salsa	Hall	7.30-8.30pm
25th May	Wangford Art Group	Hall	9.30-12.30pm
	Post Office	Bar	1.00-3.00pm
	Afternoon Tea	Hall	2.30-4.30pm
	Yoga	Hall	6.30-7.30pm
30th May	Body Conditioning	Hall	9.30-10.30am
	Post Office	Bar	10.00-12noon
31st May	Salsa	Hall	7.30-8.30pm

The Arts Society, Southwold

The 2023 series continues on Tuesday 9th May
when Steven Barrett will speak on

The Anatomy of a Masterpiece: Bathers at Asnieres by Georges Seurat

Lectures commence at 2.00pm in Southwold Arts Centre.
Visitors and Members' guests are welcome.

