

*"Keeping  
the Community  
informed"*

FREE ISSUE

WANGFORD UGGESHALL SOTHERTON

# Messenger

PARISH MAGAZINE

EDITOR: SUE TAYLOR

VOLUME 17 NO. 12 SEPTEMBER 2022

## 46th Grand Henham Steam Rally

Henham Park, 17th & 18th September



The Rally's back, raising money for Wangford and District Community Council, the Parochial Church Councils of Sotherton, Uggeshall and Wangford, Southwold and District Rotary Club,

plus this year's additional charities - Livability - Icanho, Blossom Appeal, and Frostenden and South Cove Village Hall. Your visit on Saturday 17<sup>th</sup> or Sunday 18<sup>th</sup> September will support all these good causes.

As usual, there's something for everyone to enjoy, including N & J Heavy Horses, Lowestoft Dog Agility Display Team, Lowestoft Longshoremen, Children's Corner, Petting Farm, Punch and Judy, and craft marquees; you can even steer one of the steam engines round the Len Murray arena and discover what it takes to manoeuvre these huge machines.

That's in addition to the large display of steam engines, working steam demonstrations, vintage vehicles of all sorts, live music, the steam Fairground, trade, craft and food stalls - plus a licensed bar and food outlets to suit every taste and pocket!

Visit the Village Pantry in the big marquee (staffed by volunteers from Wangford and surrounding villages) for your freshly-made sandwiches and baguettes, cakes, scones, tea, coffee or soft drink. Hot-dogs and burgers are available from Wangford Community Council's stall, and, for a special treat, try Sotherton Church's pancakes. Please note that this year's Rally aims to be cash-free as far as possible.

Go to [www.henhamsteamrally.com](http://www.henhamsteamrally.com) by 7th September to buy discounted day tickets in advance. Adults and over 14 - £12 (£15 on gate); 8 - 14-year-olds - £3, and under 8s are free.

## Sotherton Church

On the 8<sup>th</sup> August Sotherton Church held a cake stall in Southwold, raising a grand total of £250.00. Thank you to everyone who supported us. We will be on our Pancake Stall at the Steam Rally - do come along and see us.



## Uggeshall Teas



Tasty teabreads, bountiful buns, marvellous meringues and much, much more were served in and around the pretty garden of Uggeshall Old School. The Teas were a resounding success raising £2972.20, most of which will be donated to St Mary's

Church, alongside small donations to two other local charities, Wrentham First Responders and Access Community Trust, Lowestoft. The bric-a-brac surpassed itself, with a wonderful variety of items to purchase.

The committee would like to say a big thank you to all who contributed in any way. We hope to have a thank-you evening on Wednesday 14<sup>th</sup> September at 7.00pm at the Old School.

*Jenny Bloom*

## Wangford Help

If you need any help, simply call or email us.  
Email: wangford-help@gmail.com  
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## Wangford Village Store

Monday to Saturday  
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Sunday 8.00am - 4.00pm



## Wangford Post Office

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from 10.00am - 12 noon  
Thursdays  
from 1.00 - 3.00pm

## Wangford Farm Shop

Monday - Saturday  
9.00am - 5.00pm  
Sunday CLOSED

## Cancellation

George's Gig for Alzheimer's Research UK, due to be held at Wangford Community Centre on 10th September, has been cancelled

## Maureen Beales RIP

Maureen's memorial service will be at Wangford Church on Friday 9th September at 2.00 pm.

## Wangford 100 Club 2022

Winners in the August Draw were  
1. Zoe Manetas  
2. Audrey Lamb  
3. Carol Coram

## WHAT'S ON IN SEPTEMBER

### Wangford Parent and Toddler Group

Mondays 9.30 - 11.30am Community Centre

### Body Conditioning

Tuesdays from 9.30 - 10.30am Community Centre

### Wangford Art Group

Thursdays from 9.30am to 12.30pm Community Centre

### Book Club

Thursday 1st September 8.00pm Community Centre

### Uggheshall Coffee Morning

Thursday 8th September 10.30am Old School Hall

### Uggheshall Cinema

Thursday 8th September 7.00pm Old School Hall

### SHCT Ride and Stride

Saturday 10th September 9.00am - 5.00pm

### Community Garden Working Party

Saturday 10th September 10.00 am Community Garden

### Wangford with Henham Parish Council

Tuesday 13th September 8.00pm Community Centre

### Wangford Church Coffee Morning

Wednesday 14th September 10.30 am - noon

### Suffolk Wildlife Trust

Thursday 15th September 7.30pm Southwold Arts Centre

### Mens' Breakfast

Saturday 17th September 8.45am The Angel Inn

### Grand Henham Steam Rally

Saturday 17th/Sunday 18th September Henham Park

### Afternoon Tea

Thursday 22nd September 2.30pm Community Centre

### Blyth Valley Labour

Monday 26th September 7.30pm Community Centre

### Mobile Library at Wangford

Wednesday 28th September  
1010 - 1030 Community Centre 1035 - 1045 Church

## Wrentham Film Night Wrentham Village Hall

### GREASE

Original movie starring Olivia Newton-John and John Travolta. (Certificate PG)  
Saturday 24th September 6.45 for 7.30pm screening.  
Only £5, including refreshments. All are welcome.

## Food Bank

Items for the Food Bank can be left in the basket at the foot of the font in Wangford Church from where they will be collected and taken to John and Jan Collins at 19 Lakeside Park Drive on Friday morning. If you would prefer for them to be collected from your home, please ring Val Beckett on 01502 578987.

Donations have been rather depleted in recent weeks and the need is greater than ever.

Food urgently required includes: UHT milk, tea, coffee, tinned veg, tinned meat, tinned tomatoes and small packs of dry goods. If anyone is aware of someone in need who would benefit from a food parcel, please encourage them to contact Lowestoft Foodbank on 07307 866146 or email: info@lowestoft.foodbank.org.uk

## Community Garden Working Party

The next working party is on Saturday 10th September from 10.00 am to 12 noon. Please bring your own gloves and hand forks/trowels if you have them.

## Christopher John Hopkins RIP

Dr Hopkins died peacefully at home on August 12th, aged 94, surrounded by his family.

The Funeral Mass will be on Monday September 5th at 11.30 am in the church of St. Peter and St. Paul, Wangford. Donations in lieu of flowers may be made to Cancer Research UK.



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# SEPTEMBER'S TEAM LETTER

*'tis good Lord to be here'*

These words are from an old hymn whose lyrics retell the story of the Transfiguration - a mystical event in the life of Jesus when he was on a mountain with his closest disciples Peter, James and John and suddenly Jesus was transfigured by a brilliant light and two ethereal figures appeared, who we are told are Moses and Elijah. Peter is so overwhelmed by the experience that he suggests that he builds three tents for Jesus, Moses and Elijah to mark the event as a permanent memorial, as he exclaims 'it's good Lord to be here'. The Transfiguration is viewed as such an important event that it appears in the Christian calendar twice each year. Once on the last Sunday before Lent and also in the height of summer in August.

I have just returned to work after three months Sabbatical and there have been several times during my time away when I have felt moved to feel, it is indeed 'good Lord to be here'.

I began the sabbatical by leading an ecumenical group to the Holy Land and I think everyone who joined the pilgrimage really enjoyed and found the experience rewarding. There were twenty three of us in the group and four clergy so we were able to share out the opportunities for worship between us. I found the worship particularly moving as we broke bread together in the Shepherds' Fields in Bethlehem, in the Church of the Good Shepherd in Jericho, on the Mount of Beatitudes, overlooking the Sea of Galilee, and as we renewed our baptismal promises in the River Jordan. It was also good to share meals and times relaxing in the bar together.

I also benefitted from spending an extra week in Jerusalem after the pilgrimage concluded, which was the first time I have ever been in the Holy land without leading a group of students or adults. I returned to Bethlehem to meet with some Palestinian Christians at the WI'AM Centre for peace and reconciliation. Going on public transport, as opposed to a tour bus, walking through the heavily guarded checkpoint and making my own way to the centre was harrowing and unnerving. Not least because the checkpoint is located next to the Separation Wall which so cruelly divides The West Bank from Israel. I had time to visit Banksy's aptly named 'Wall Off Hotel' which is both a hotel, exhibition and museum space. I visited the Refugee Camp called Aida which has existed since 1950 and was built by the U.N. to house refugees who lost their homes and land in the War of Independence in 1948. There are severe restrictions placed upon people in the West Bank where access to water and electricity is strictly controlled by the Israeli Government. Currently with the war in Ukraine and political instability in Israel it seems that a peaceful settlement between Jew and Arab remains a distant dream.

I am now beginning to plan to lead a Pilgrimage to Santiago de Compostela in 2024 following the French Camino and details will follow soon.

I am very grateful to the clergy, Churchwardens and PCCs who covered for me during the Sabbatical and enabled me to have such a wonderful set of experiences. I received a very warm welcome back at the Team Service on 31<sup>st</sup> July and again I felt 'it's good Lord to be here'. I hope you all have had a blessed summer.

*Rev Alan Perry*

## News from Wangford Church

It was good to welcome back Rev. Alan from his Sabbatical and we are grateful for everyone who covered for our services during his absence.

The Right Reverend Bishop Reginald Makele visited the church on 14<sup>th</sup> August and preached about his diocese in Papua New Guinea. It was especially good to learn about life for our Anglican brothers and sisters who live on the other side of the world.

A number of us will be joining in the Suffolk Historic Churches Ride and Stride on Saturday 10<sup>th</sup> September. Fifty per cent of the sponsorship comes directly to the church, so please support this worthy cause. And on the 17<sup>th</sup> and 18<sup>th</sup> September we will be busy working for the Henham Steam Rally, so there will be no service on that day.

Three churches in the Sole Bay Team - Wangford, Uggeshall and Sotherton - benefit financially from the Rally, which helps with increasing costs and relatively small congregations. If anyone is willing to volunteer on either day please contact Sue Taylor on 01502 578408, suethemusic@gmail.com

Do join us on 2<sup>nd</sup> October at 11.15am for our Harvest Festival.



Vicar Alan with Bishop Reginald and his wife Mother Catherine

*Mark Notton, Churchwarden (578691)*



## Book Club

At our August meeting we discussed "The Second Sleep" by Robert Harris. The book was described as a "thriller" but we found it to be much more than that, and it generated a bit of discussion. There was a gripping start and many of us had to go back over the text to check what we were reading. The story opened in an undeterminable time with a young cleric on a journey by horse to carry out the funeral of a deceased priest. The language was archaic as was the description as we entered a world where the church was paramount and freedoms were minimal. At the point of finding plastic and glass we questioned what we thought we were reading, and it made us stop and think when the symbol for hubris and blasphemy was found - an apple with a bite taken out. We wondered if this was a comment on technology or the garden of Eden and the challenge for God's knowledge. It became apparent that the world had regressed and freedoms were minimal with servitude the norm. We entered a strange world following an apocalypse so that modern ways of living were finished. Death was a real risk for searching for our everyday objects. We talked about the relationship between church and state, loss of freedoms and how the possibilities in this book never seemed that far away. There had been atrocities in the past (this time was our present) and the cleric looked for evidence and began to question the unquestionable where independent thinking was forbidden and dangerous. We talked about speculative fiction where some of the events and situations felt that they could be real even though the setting and time were not. An interesting book and very well written.

We next meet on Thursday 1<sup>st</sup> September at 8 pm in the Community Centre to discuss Greg Buchanan's "Sixteen Horses".

*Gill Smith 578620*

## News from Sotherton

### St. Andrew's

We will have our usual pancake stall at the Grand Henham Steam Rally on 17<sup>th</sup> and 18<sup>th</sup> September, so there will be no church service that weekend.

Our Harvest festival will be on Sunday 2<sup>nd</sup> October at 6.00pm. Please note that there will be no service on the 3<sup>rd</sup> Sunday of October.

### Wangford Mens' Breakfast

A well attended meeting was enjoyed at the Angel Inn on Saturday 20<sup>th</sup> August when John Scholes gave a presentation entitled 'The Origin of the Species'. The pub served an excellent breakfast which catered for various tastes.

Our next meeting is on the 17<sup>th</sup> September when Rev. Alan Perry will give an illustrated talk on his recent sabbatical. New members will be very welcome. Start time is 8-45 for 9.00am. If you are interested, please contact me at [johnscholes@hotmail.com](mailto:johnscholes@hotmail.com).

Future dates are October 15<sup>th</sup> and November 19<sup>th</sup>. Any ideas of future speakers or volunteers will be most welcome.

## News from Uggheshall

### Uggheshall Coffee Morning

This month we meet on Thursday 8<sup>th</sup> from 10.30am in the Old School Hall. Everybody's welcome.

### Uggheshall Cinema

The film for September 8<sup>th</sup> will be 'The Dig', starring Carey Mulligan and Ralph Fiennes. The film explores the story of the excavation of the Great Ship Burial at Sutton Hoo in 1939. We hope to see you at the Old School Hall. Doors open at 7.00 for 7.15 pm.

*Matt Grady*

### Beccles Foodbank

The food bank at St Luke's Church is now urgently in need not only of donations of food, but also basic hygiene products such as shampoo, washing/laundry capsules, washing up liquid, toilet rolls, sun cream (small travel-type bottles are best as sold in Superdrug), antibac cleaner, nappies sizes 5,6,7, baby wipes and nappy bags. Tesco vouchers are always welcome, and, for the tinies, squash with no added sugar, blackcurrant preferred. (Normal size items are better than large ones!)

Items can be left in the foyer at St Luke's in the boxes marked "foodbank" or at Hungate chapel on a Friday morning.

### Ride and Stride 10th September 2022

The Annual Sponsored Ride and Stride is a national event, and every second Saturday in September cyclists and walkers all round the country are out making money for their local county Churches Trust. Ride and Stride's sister event, the Pedal and Drive for vintage and classic cars, is held on the same day. The idea started in Suffolk, and consistently Suffolk has headed the table of funds raised. The Ride and Stride is the main source of income to Suffolk Historic Churches Trust to enable it to make grants to churches and chapels of all denominations towards repair and restoration costs. Ride and Stride is run entirely by volunteers and is inter-denominational, with participants sponsored for each place of worship visited between 9.00am and 5.00pm on Ride and Stride Day or with a donation, regardless of the number of churches visited.

The money raised by each cyclist or walker is shared equally between the Suffolk Historic Churches Trust and the place of worship nominated by the participant.

As important as the participants are the many volunteers who give up the day to man the churches and chapels and sign in the cyclists and walkers as they arrive. Hundreds of places of worship are manned during the day and that takes quite a team of volunteers!

Sponsor forms and a list of Suffolk churches that will be open can be downloaded from <https://shct.org.uk/ride-and-stride>



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# ABRAHAM

Calling me from County Durham, my oldest and dearest chum asked me if I fancied a nostalgic few days back in the 'old country', specifically wandering around Auchtermuchty. He didn't add "before it's too late" but I could sense that's what he meant. Never anxious to leave dear old Wangford, I nonetheless thought it was a good idea. I can't remember if I told you about Al. Almost the same age, we were born within four months of each other in that blessed Royal and Ancient borough.

We really got to know each other round about 17 or 18 when, after a kick-about down the local park, we would retire to his house and drink endless cups of tea and eat mountains of toast. The rest is fairly normal. He trotted off to art school and I to Local Government.

We were each other's best man (what a peculiar title) and really parted company from then on. We kept in touch and here we are staggering into the twilight years. (Cue the violins). So I got my train tickets to Durham where he would pick me up and drive us to the land of the barbarians. I had also arranged a nice wee hotel at a very reasonable price.

So, all systems go. Or so I thought - until British Rail decided otherwise. On the day of going the trains were halted due to extreme weather conditions (i.e. a heatwave) and, had I gone, on the day of return there was a rail strike. Despair not. I have arranged it all again for the beginning of September. Keep your fingers crossed. I'll likely enjoy it. We intend to resurrect two of our old school chums (girls) for a touch of reminiscing. We'll have fun, wandering through the ghostly streets trying to recognise old faces, hoping some are still with us. One thing is certain however. Nothing we get up to will be half as good as coming home to Wangford.

Finally, some common sense, and a blow for the right to speak freely. Police Officers have been told that they should no longer investigate legitimate debate or treat trivial online spats as hate incidents. Causing offence is no longer a crime. However did we get to this stage? It is surely not a coincidence that this nonsense started with the proliferation of these ghostly social 'meeja' channels. Yuck.

*Abraham*

## Suffolk Wildlife Trust (Blyth Valley and Southwold)

'Historical Ecology'  
Speaker: Adrian Knowles

Thursday 15th September 7.30pm Southwold Arts Centre

Cost: £3 (including refreshments); under 25s free

## The Arts Society, Southwold

The 2022 series continues on Tuesday 20th September when Brian Slater will speak on 'Photography as Fine Art'.

Lectures commence at 2.00pm in Southwold Arts Centre. Visitors and Members' guests are welcome for an entrance fee of £5.00.

## Wangford Vets

Did you know that dogs can give blood?

Blood transfusions are performed in general practice quite rarely, but by registering your dog as a blood donor, you could play a vital role in helping to save the lives of other dogs. Unlike human hospitals, we do not keep blood products in stock, therefore in emergencies we urgently need to source some.

For more information, go to [wangfordvetclinic.com](http://wangfordvetclinic.com).

If your dog meets the criteria on the online Dog Donor Checklist, you can register them. When we receive your registration, a member of our team will get in touch to talk further about your dog and check their suitability to become a donor.



Your dog's welfare is always our priority. We want to ensure every dog will enjoy the donation process and love coming to see us.

Here's Murphy, the latest canine lifesaver, after his donation.

## CHURCH SERVICES

Sunday 4th September 12th Sunday after Trinity  
11.15 am Wangford Holy Communion (CW)  
6.00 pm Uggheshall Evening Prayer (BCP)

Sunday 11th September 13th Sunday after Trinity  
11.15 am Wangford Holy Communion (CW)  
6.00 pm Uggheshall Evening Prayer (BCP)

Sunday 18th September 14th Sunday after Trinity  
*No services at Sotherton, Uggheshall and Wangford due to Grand Henham Steam Rally*

Sunday 25th September 15th Sunday after Trinity  
11.15 am Wangford Morning Prayer (BCP)  
6.00 pm Uggheshall Holy Communion (BCP)



# DIRECTORY

Team Rector The Reverend Simon Pitcher 725424  
 Team Vicar The Reverend Alan Perry 453624  
 Team Admin Tania Birtwistle 724115

## Parochial Church Council Secretaries

Wangford Vacancy  
 Uggheshall Clare Bailey 578679  
 Sotherton Karen Flaxman 01986 873123

## Church Wardens

Wangford Mark Notton 578691  
 Jeff Bridges 578208

Uggheshall Colin Hill (Churchwarden Emeritus)  
 Colonel Giles Crisp 578251  
 Clare Palmer 578679

Sotherton Gerard Walker 01986 874248  
 Stephen Flaxman 01986 873123

## Wangford Community Council

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 Secretary Sue Hosking 578287

## Wangford Community Centre

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Caretaker Roy Hodgkins 07871 044120  
 Secretary Sue Taylor 578408

Uggheshall Old School Hall  
 Bookings Denise Baker 578190

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 Uggheshall Sandra Anderson 544018  
 Sotherton Ann Donnachie 575338

## Henham Steam Rally

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Wangford Surgery 578257

Sole Bay Health Centre 722326

Wangford Veterinary Clinic 578999

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*"Keeping the  
 Community informed"*

NOW ON THE WEB AT:  
<http://wangfordwithhenham.onesuffolk.net>

## SEPTEMBER 2022 CENTRE DIARY

1st Sept	Wangford Art Group	Hall	9.30-12.30pm
	Post Office	Bar	1.00-3.00pm
	Yoga	Hall	6.30-7.30pm
	Book Club	Cttee Room	8.00pm
5th Sept	Toddlers	Hall	9.30 -11.30am
6th Sept	Body Conditioning	Hall	9.30-10.30am
	Post Office	Bar	10.00-12noon
	Blythburgh Bowls	Hall	2.00-4.30pm
7th Sept	Salsa	Hall	7.30-8.30pm
8th Sept	Wangford Art Group	Hall	9.30-12.30pm
	Post Office	Bar	1.00-3.00pm
	Yoga	Hall	6.30-7.30pm
12th Sept	Toddlers	Hall	9.30 -11.30am
13th Sept	Body Conditioning	Hall	9.30-10.30am
	Post Office	Bar	10.00-12noon
	Blythburgh Bowls	Hall	2.00-4.00pm
	Parish Council	Cttee Room	8.00pm
14th Sept	Salsa	Hall	7.30-8.30pm
15th Sept	Wangford Art Group	Hall	9.30-12.30pm
	Post Office	Bar	1.00-3.00pm
	Yoga	Hall	6.30-7.30pm
19th Sept	Toddlers	Hall	9.30 -11.30am
20th Sept	Body Conditioning	Hall	9.30-10.30am
	Post Office	Bar	10.00-12noon
	Blythburgh Bowls	Hall	2.00-4.00pm
21st Sept	Artmakers East	Hall	9.30-3.00pm
	Salsa	Hall	7.30-8.30pm
22nd Sept	Wangford Art Group	Hall	9.30-12.30pm
	Afternoon Tea	Hall	2.30-4.30pm
	Post Office	Bar	1.00-3.00pm
	Yoga	Hall	6.30-7.30pm
26th Sept	Toddlers	Hall	9.30 -11.30am
	Blyth Valley Labour	Cttee Room	7.30pm
27th Sept	Body Conditioning	Hall	9.30-10.30am
	Post Office	Bar	10.00-12noon
28th Sept	Salsa	Hall	7.30-8.30pm
29th Sept	Wangford Art Group	Hall	9.30-12.30pm
	Post Office	Bar	1.00-3.00pm
	Yoga	Hall	6.30-7.30pm

## Wrentham Chapel

'Caedmon Harvest', the popular seasonal celebration in music, word and song, will be hosted by Wrentham Chapel on Friday September 16<sup>th</sup> at 7pm.

As usual, there will be a 'bring and share' programme of items brought by those attending. All contributions are welcome. There will also be wine, fruit juice and a light buffet with plenty of time to chat.

Admission is free, but contributions to a retiring collection for Christian Aid will be welcome.

*Sue Hardy 07771 882738*